

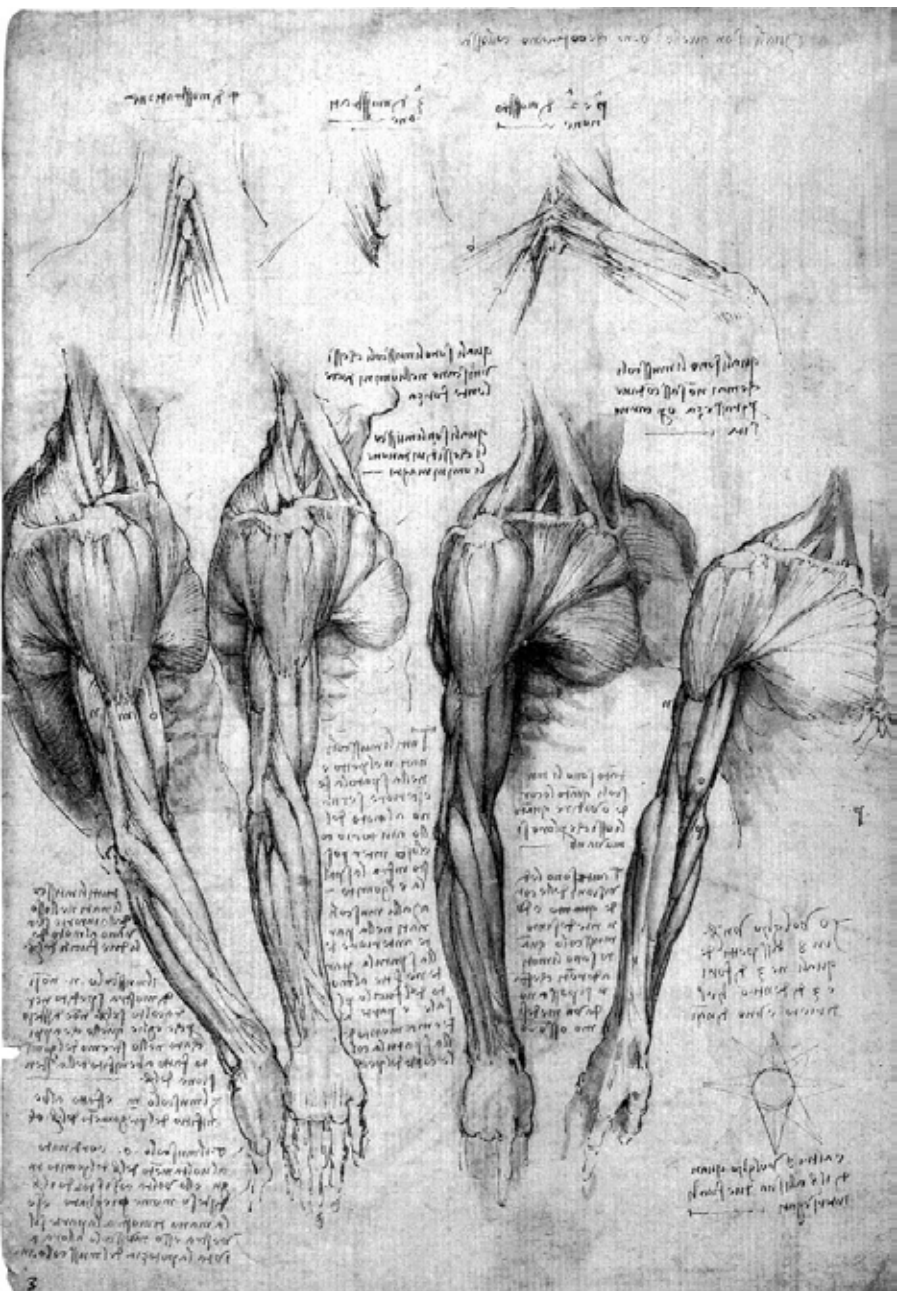
# How to make new discoveries in (human) anatomy

OR

Can we develop predictive  
guidelines to help us make new  
anatomical discoveries?

Matt Wedel

Western University of Health Sciences,  
Pomona, California



## Anatomy of the anterolateral ligament of the knee

Steven Claes,<sup>1</sup> Evie Vereecke,<sup>2</sup> Michael Maes,<sup>1</sup> Jan Victor,<sup>3</sup> Peter Verdonk<sup>4</sup> and Johan Bellemans<sup>1</sup><sup>1</sup>Department of Orthopedic Surgery & Traumatology, University Hospitals Leuven, Leuven, Belgium<sup>2</sup>Department of Development and Regeneration, Faculty of Medicine@KUL, Catholic University Leuven, Kortrijk, Belgium<sup>3</sup>Department of Orthopedic Surgery & Traumatology, University Hospital Gent, Ghent, Belgium<sup>4</sup>Antwerp Orthopedic Center, Monica Hospital, Antwerp, Belgium

## Abstract

In 1879, the French surgeon Segond described the existence of a 'pearly, resistant, fibrous band' at the anterolateral aspect of the human knee, attached to the eponymous Segond fracture. To date, the enigma surrounding this anatomical structure is reflected in ligament', 'capsulo-osseous layer of the iliotibial band description has yet been provided. In this study, the hereafter termed anterolateral ligament (ALL), was its femoral and tibial attachment of the ALL, its course and studied both qualitatively and quantitatively. In all but a well-defined ligamentous structure, clearly distinguished the ALL was situated at the prominence of the lateral the lateral collateral ligament, although connecting fib showed an oblique course to the anterolateral aspect lateral meniscus, thus enveloping the inferior later anterolateral tibia was grossly located midway betwe definitely separate from the iliotibial band (ITB). The of the anterolateral aspect of the human knee with cons detailed anatomical characterization of the ALL, this st existence of a ligamentous structure connecting the fee anatomic location, the ALL is hypothesized to control a phenomenon, although further studies are needed to in

**Key words:** anatomy; anterior cruciate ligament; antero

## Introduction

In 1879, years before the discovery of X-rays, Dr. Paul Segond described a remarkably constant avulsion fracture pattern at the anterolateral proximal tibia as a result of forced internal rotation at the knee (Segond, 1879). This eponymous Segond fracture was reported to occur in the tibial region 'above and behind the tubercle of Gerdy'. At this anatomical location, he furthermore designated the existence of 'a pearly, resistant, fibrous band which invariably

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Accepted for publication 11 July 2013  
Article published online 1 August 2013

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2013

2018

2019

## SCIENTIFIC REPORTS

www.nature.com/scientificreports



Correction Author Correction

OPEN

## Structure and Distribution of an Unrecognized Interstitium in Human Tissues

Received: 19 May 2017

Accepted: 6 March 2018

Published online: 27 March 2018

Petros C. Benias<sup>1,2</sup>, Rebecca G. Wells<sup>3,4</sup>, Bridget Sarkey-Aboony<sup>5</sup>, Heather Klyvan<sup>1</sup>, JasonReidy<sup>6</sup>, Darren Buonocore<sup>7</sup>, Mark Cam-Locke<sup>1,8</sup> & Neil D. Theise<sup>1,3,9</sup>

Confocal laser endomicroscopy (CLE) at a depth of 60–70 µm during endoscopy demonstrated a reticular pattern anatomical correlate. Freezing biops demonstrating that it is part of the su space, draining to lymph nodes and s. These bundles are intermittently line markers and vimentin, although the matrix proteins of the bundles and th tissues that are subject to intermittent enteric gastrointestinal tract and urine tissues, and fascia. These anatomic st and mechanical functioning of many histology of a previously unrecognized between tissues, a novel expansion a

The interstitial space is the primary site of anatomy and composition of the interstitium, and structure of larger inter- and it is equally important in reference to "the interstitial fluid flow and volume, which Advances in *in vivo* microscopy offers in humans. Lymphatic vessels in *in vivo* multiphoton microscopy image Endomicroscopy (CLE) is an *in vivo* structures during endoscopy, generally that, in the extrathoracic bile ducts and submucosal "reticular pattern" (Fig. 1)

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## ARTICLE IN PRESS

The Journal of Foot &amp; Ankle Surgery (2019) 1–6

Contents lists available at ScienceDirect

The Journal of Foot &amp; Ankle Surgery

journal homepage: www.jfas.org



## Case Reports and Series

## Cutaneous Branch of the Obturator Nerve Extending to the Medial Ankle and Foot: A Report of Two Cadaveric Cases

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## ARTICLE INFO

Level of Clinical Evidence: 4

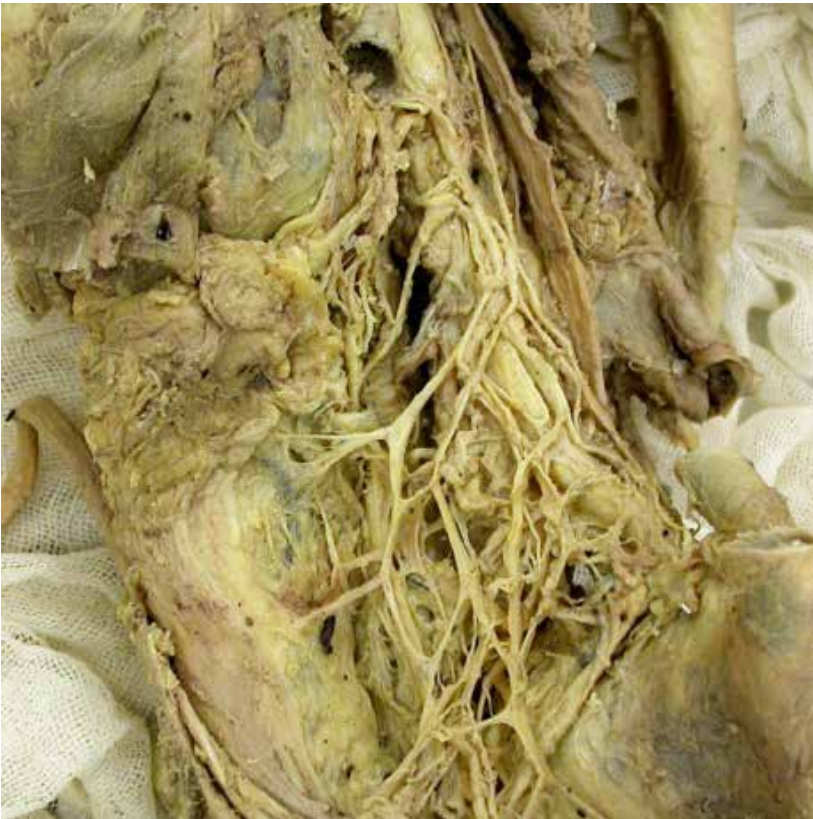
Key Words:

## ABSTRACT

The area of innervation by the cutaneous branch of the obturator nerve (CBON) is highly variable. Although most introductory anatomy texts describe the CBON as innervating only a portion of the medial thigh, there are numerous reports in the literature of CBONs supplying the knee to innervate the proximal tibia, or even distal leg. These

# Why, after centuries of careful study, are we still making new discoveries in human anatomy?

- Humans are complex; lots of stuff to find
- Not everything that gets found gets published



# Filters to the publication of new discoveries

## Palaeontology

- What gets fossilized
- ▼
- What gets discovered
- ▼
- What gets collected
- ▼
- What gets prepared
- ▼
- What gets published

# Filters to the publication of new discoveries

## Palaeontology

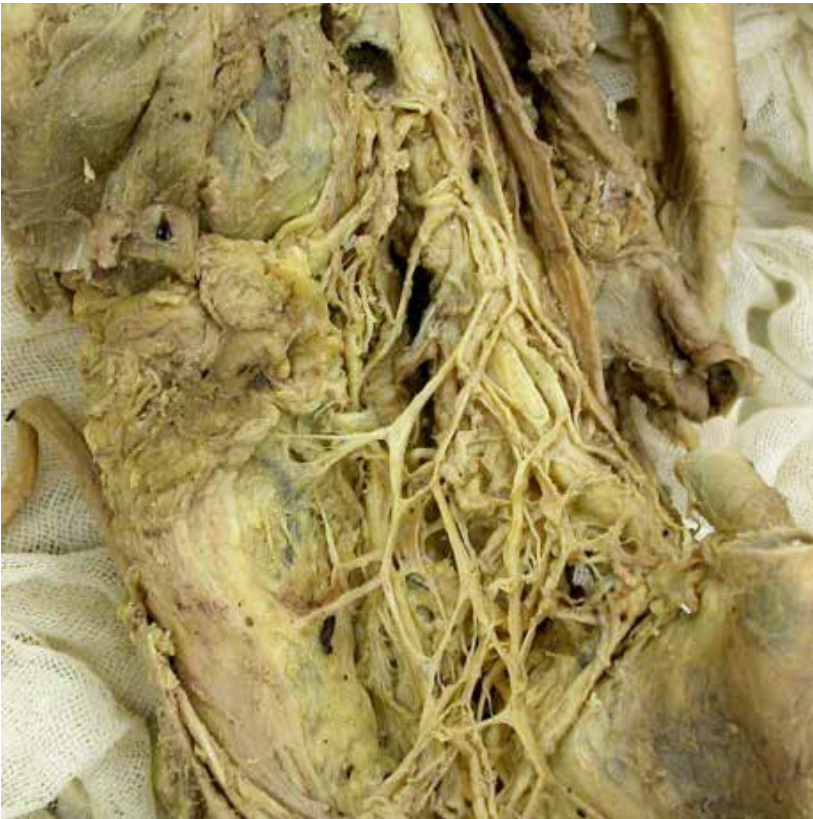
- What gets fossilized
- ▼
- What gets discovered
- ▼
- What gets collected
- ▼
- What gets prepared
- ▼
- What gets published

## Human anatomy

- What gets preserved
- ▼
- What gets noticed
- ▼
- What gets recognized as possibly important
- ▼
- What gets published

# Why, after centuries of careful study, are we still making new discoveries in human anatomy?

- Humans are complex; lots of stuff to find
- Not everything that gets found gets published



Case Study 1:

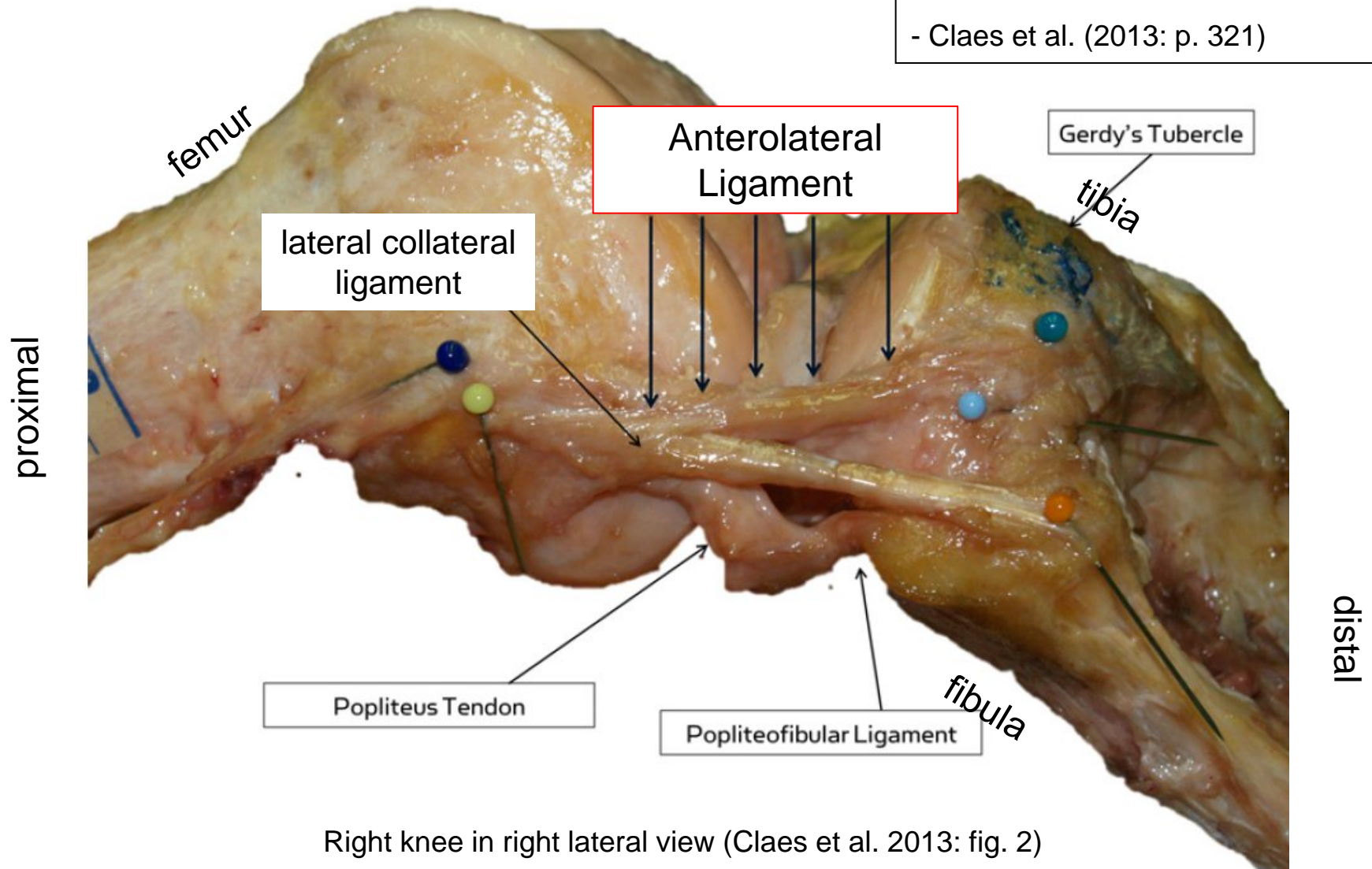
Anterolateral ligament of the knee



# A new knee ligament described this decade! (sorta)

"In 1879, years before the discovery of X-rays, Dr. Paul Segond described... 'a pearly, resistant, fibrous band which invariably showed extreme amounts of tension during forced internal rotation (of the knee)'."

- Claes et al. (2013: p. 321)

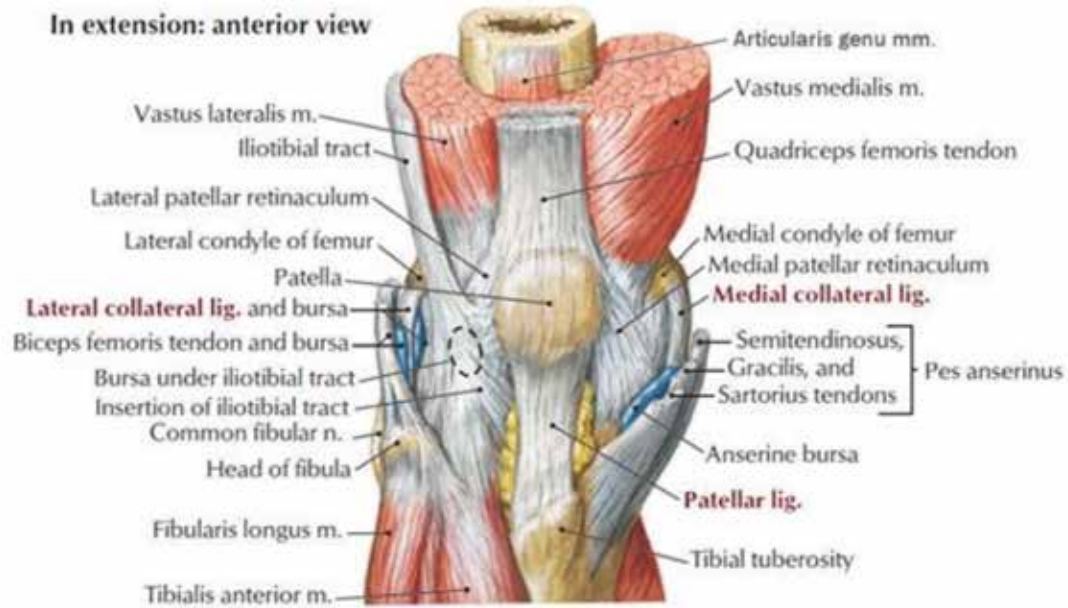


Right knee in right lateral view (Claes et al. 2013: fig. 2)

# Endoscopic knee surgery



# Med student view



Distractors:  
superficially similar  
structures in the  
same region

Anterolateral  
Ligament

lateral collateral  
ligament

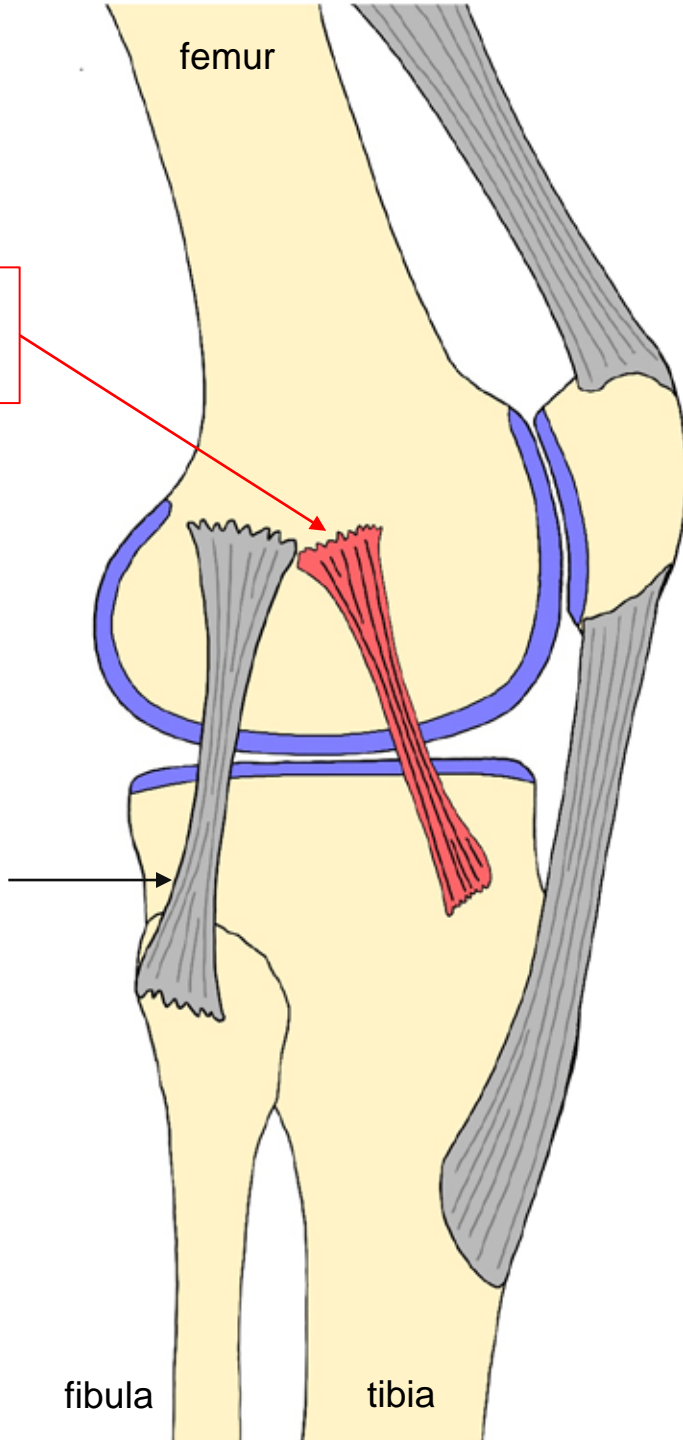
femur

patella

fibula

tibia

Right knee in right lateral view



Distractors:  
superficially similar  
structures in the  
same region

Anterolateral  
Ligament

patella

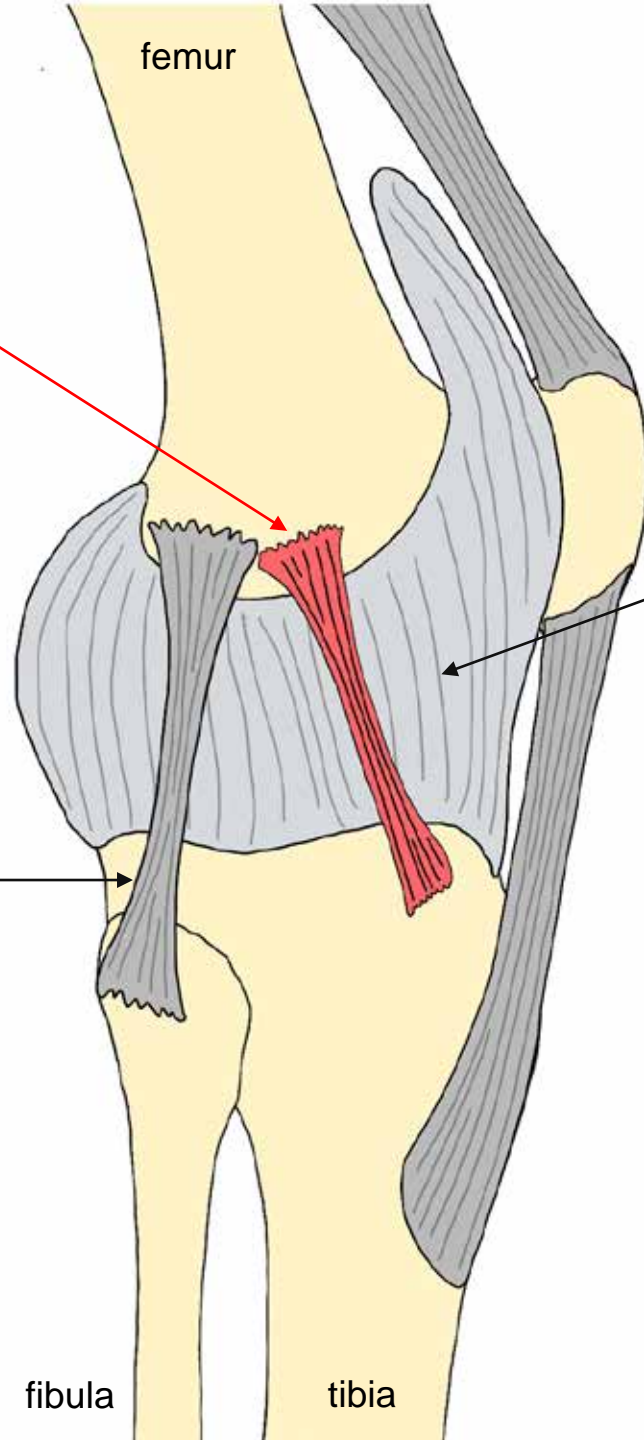
1. joint capsule

lateral collateral  
ligament

fibula

tibia

Right knee in right lateral view



Distractors:  
superficially similar  
structures in the  
same region

Anterolateral  
Ligament

patella

1. joint capsule

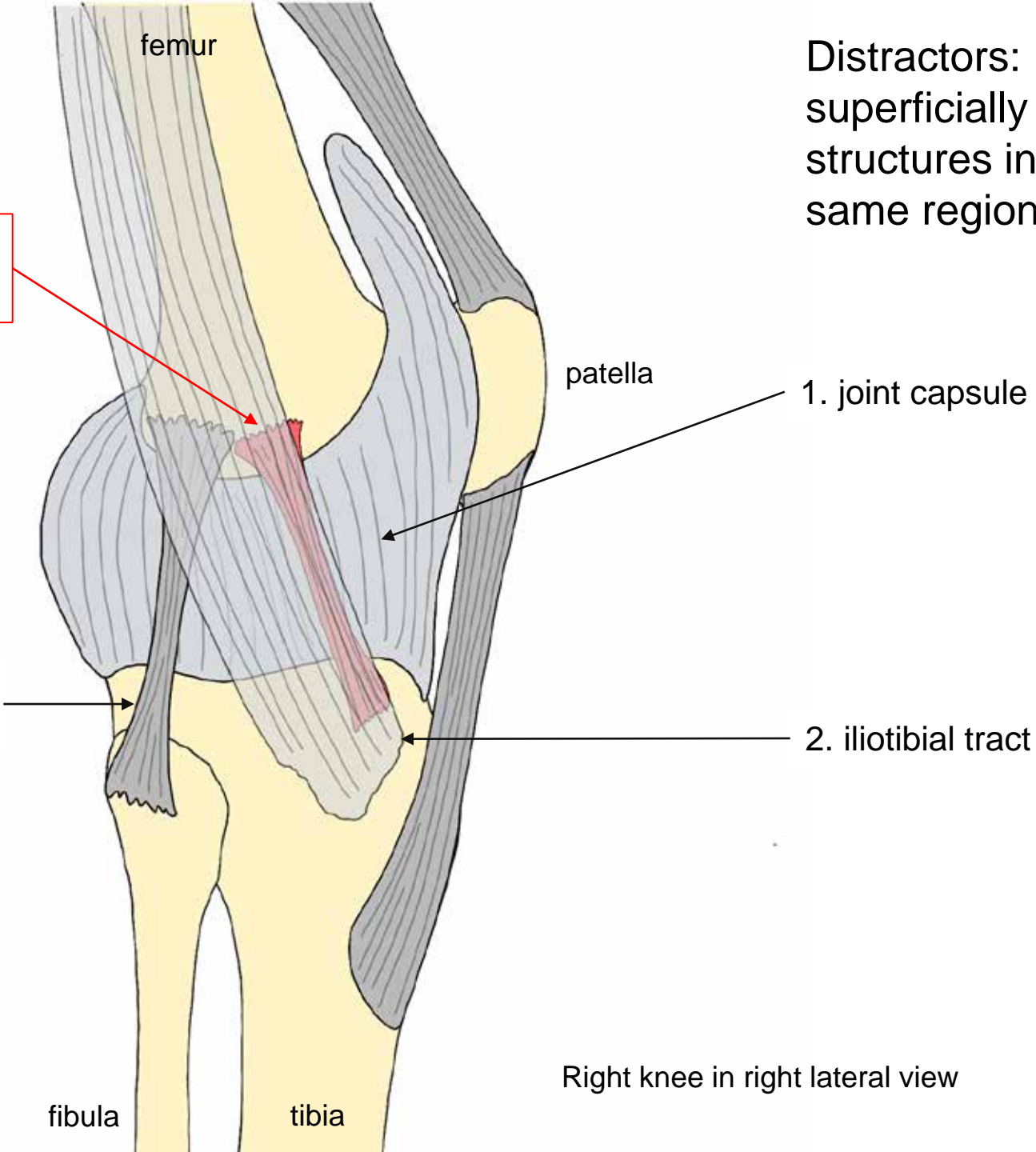
lateral collateral  
ligament

2. iliotibial tract

fibula

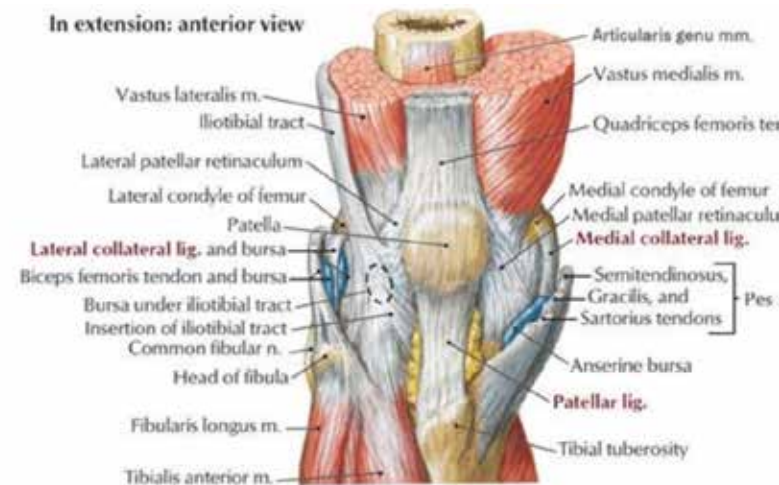
tibia

Right knee in right lateral view



# Why wasn't the anterolateral ligament of the knee recognized sooner?

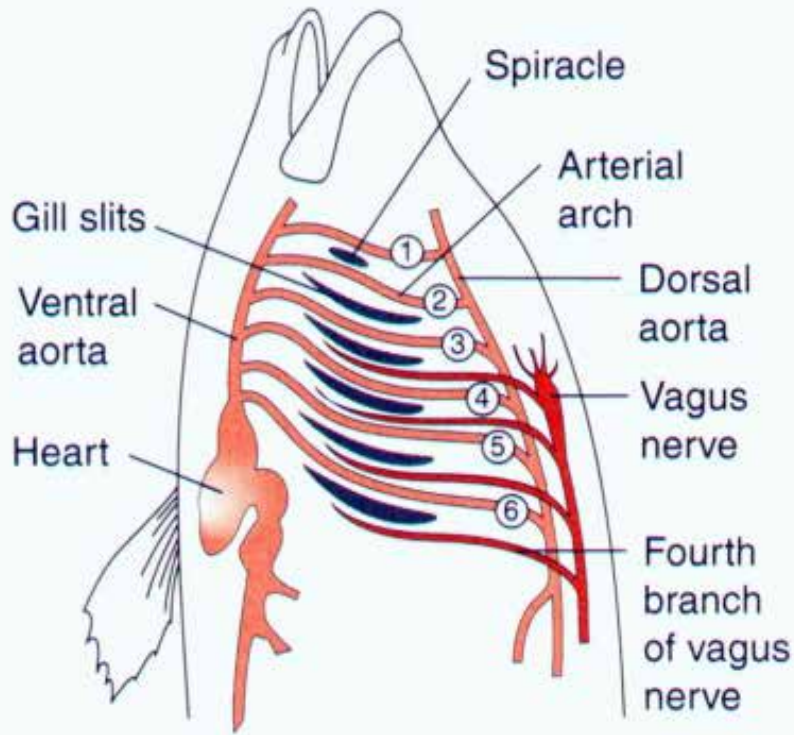
- Anatomically complex region
- Rarely dissected completely
- Known distractors in the same area



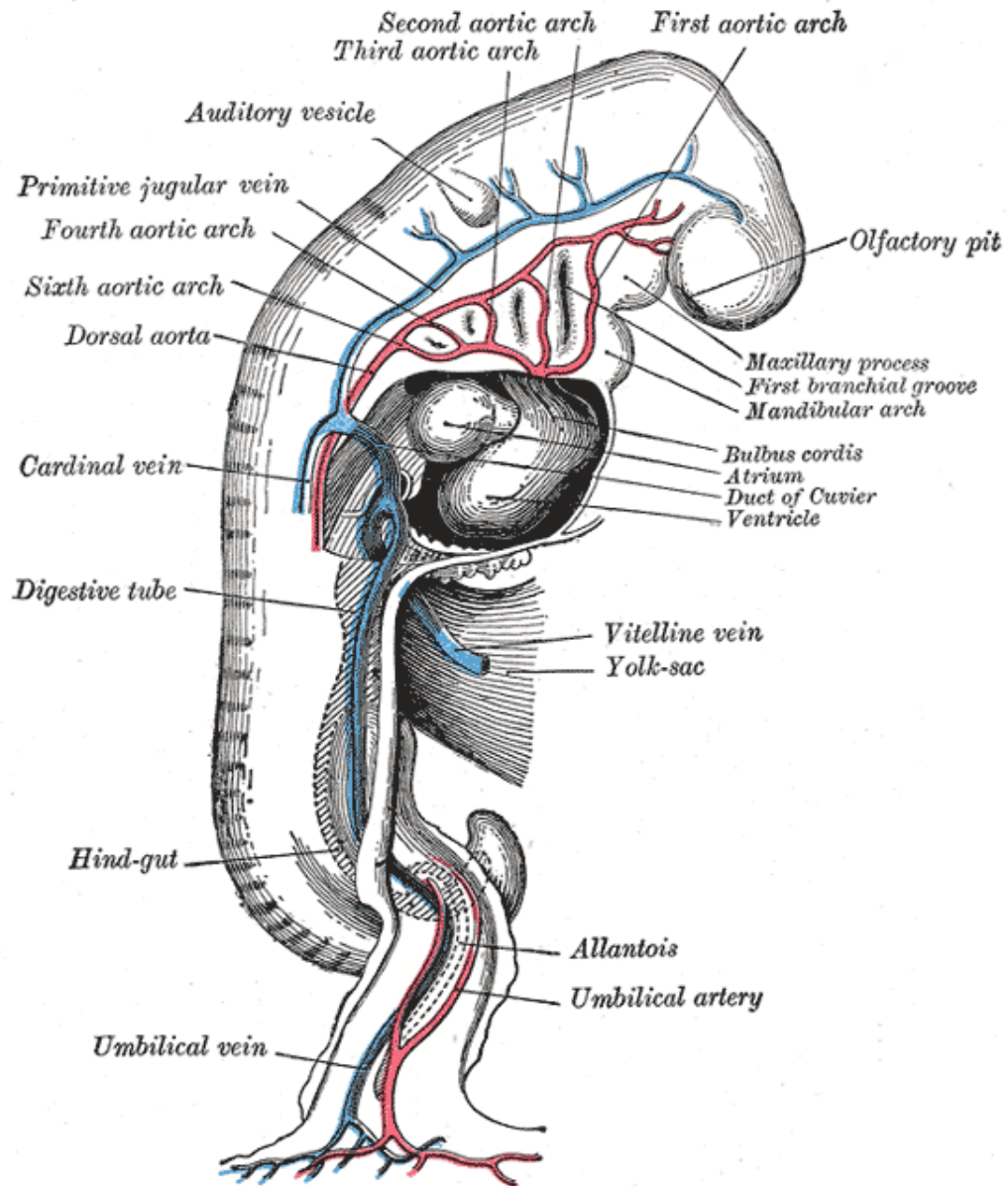
Case Study 2:

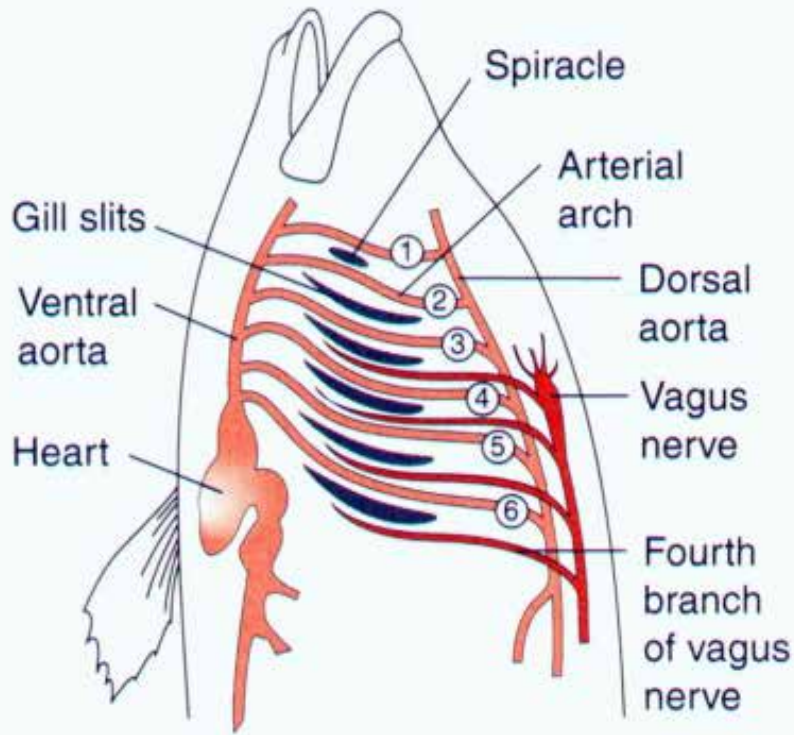
Pararecurrent nerve  
(recurrent pharyngeal nerve)



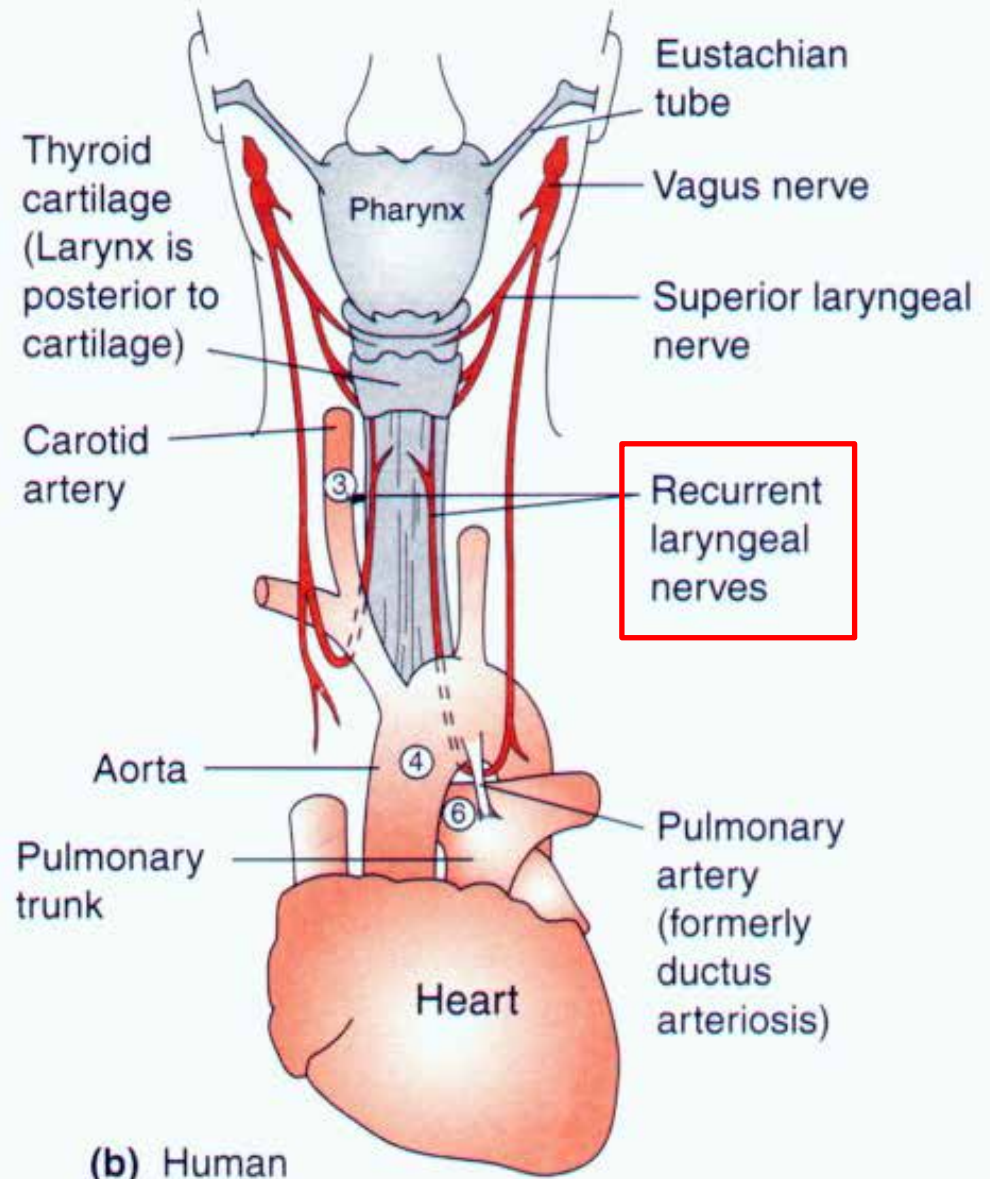


(a) Fish

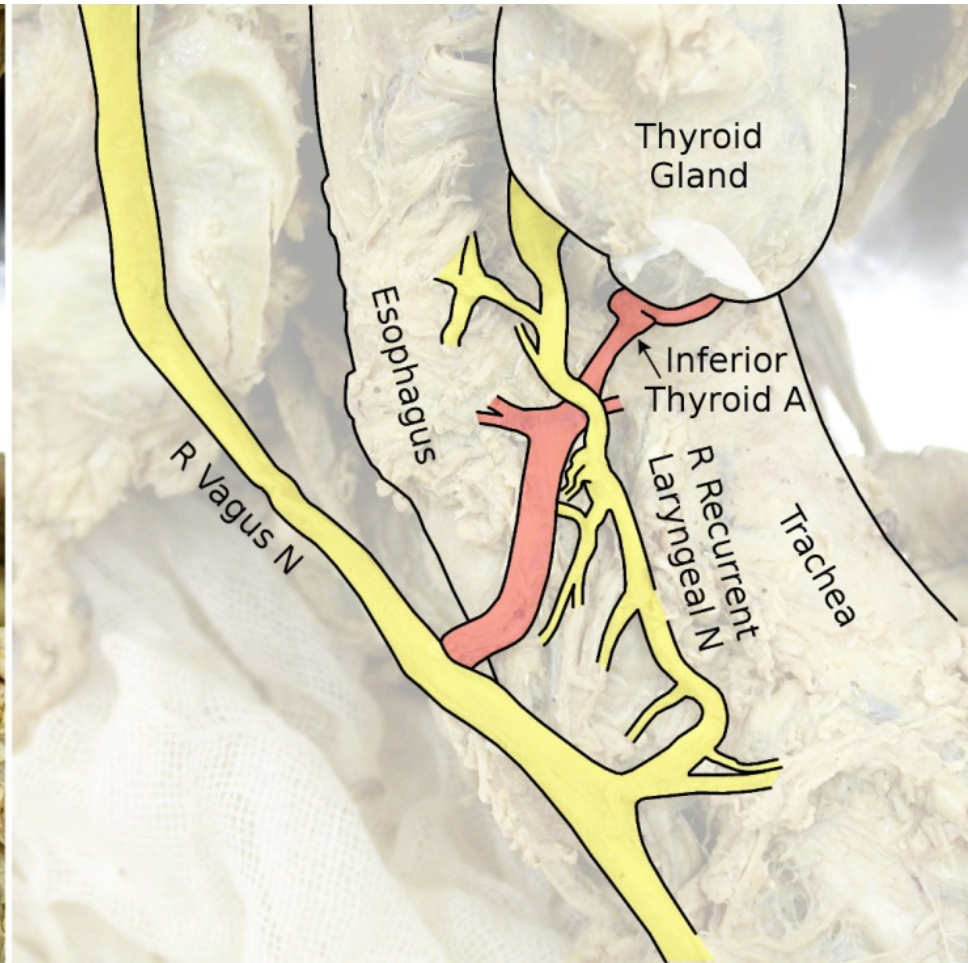




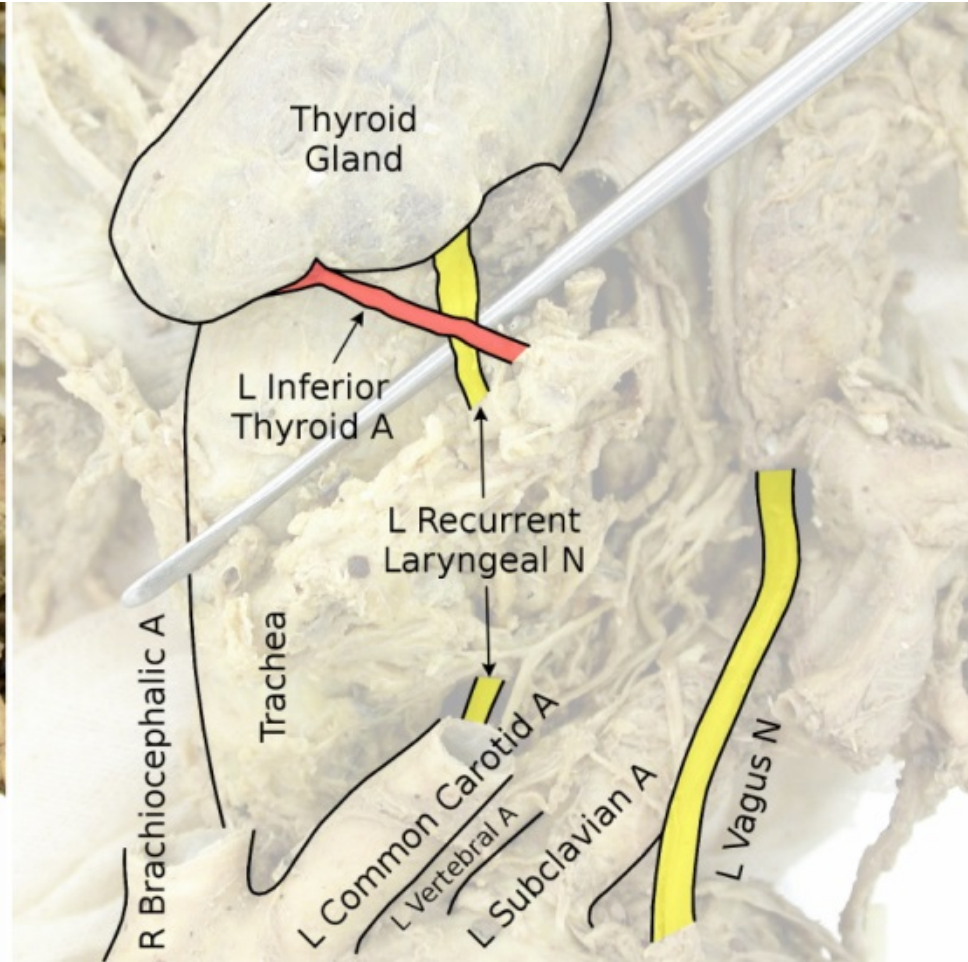
(a) Fish



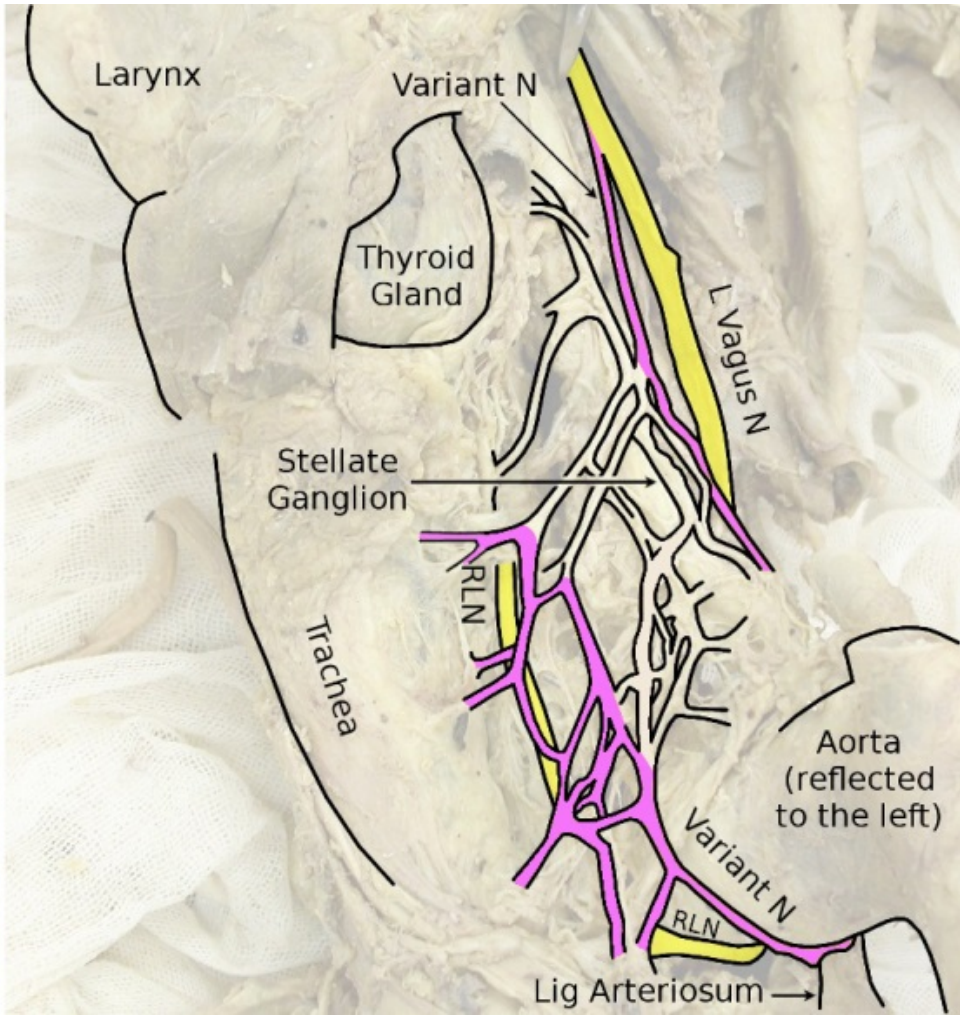
(b) Human



Neck viscera in right lateral view

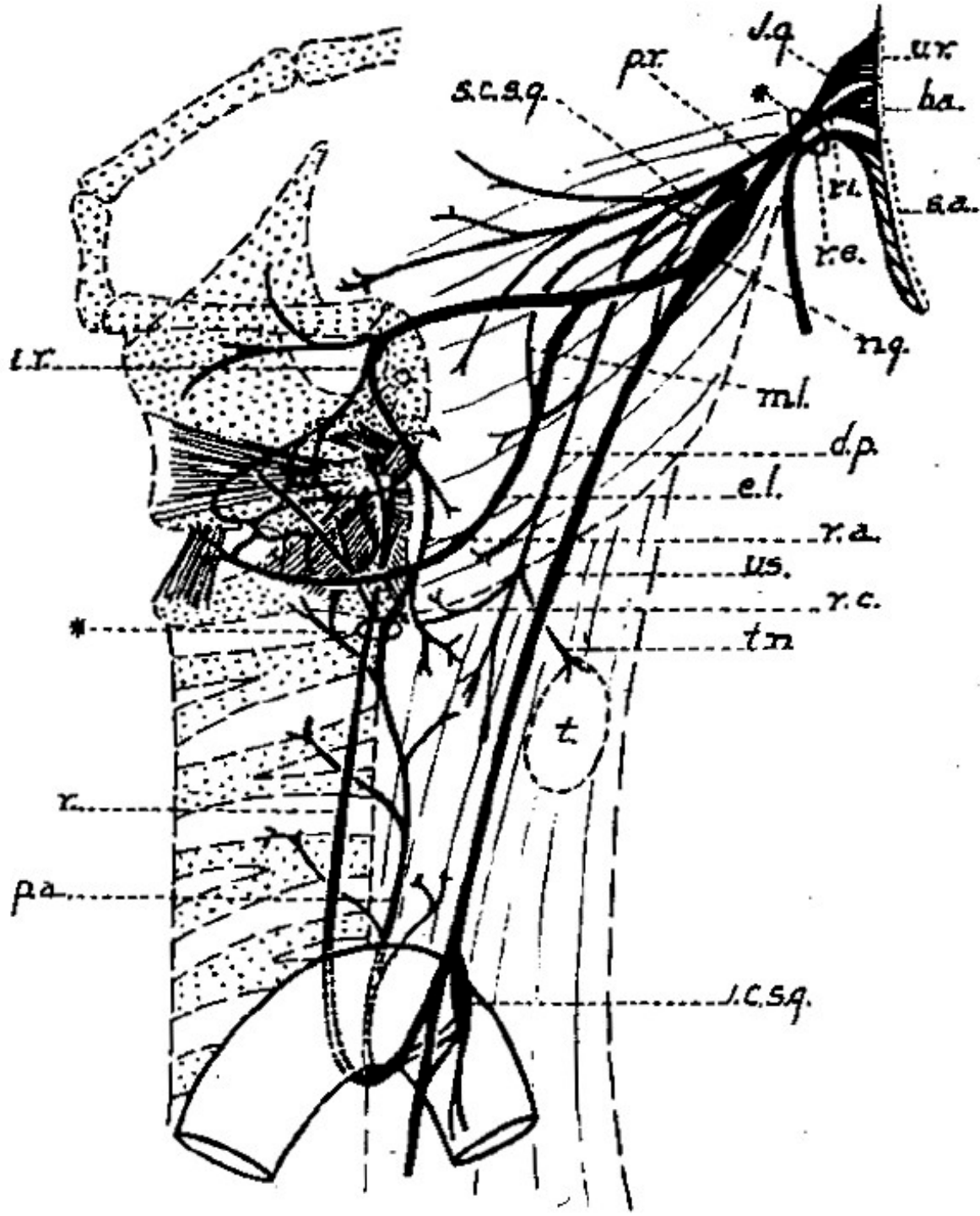


Neck viscera in left lateral view

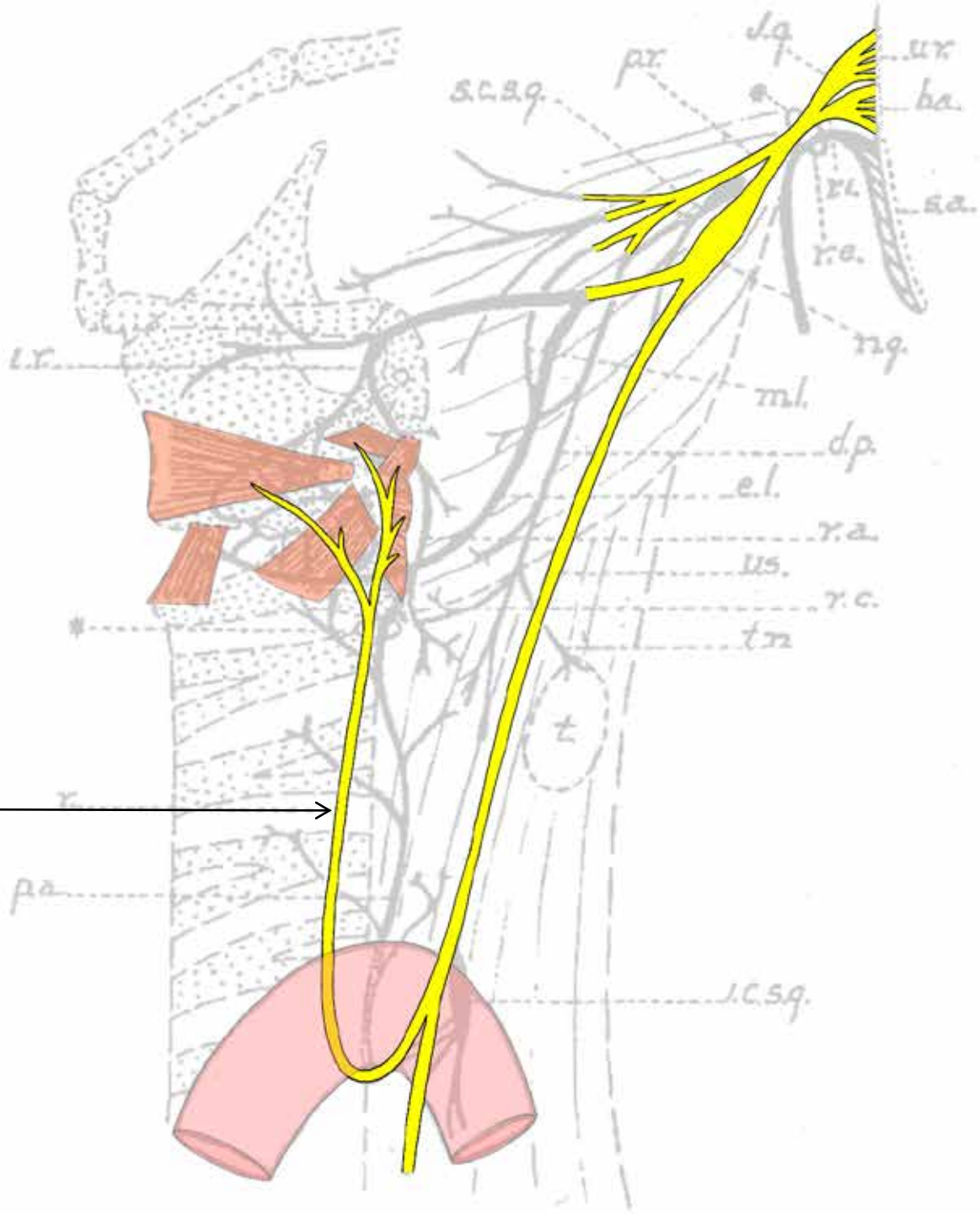


Neck viscera in left lateral view

Innervation of the larynx and trachea in a dog, modified from Lemere (1932: fig. 1)

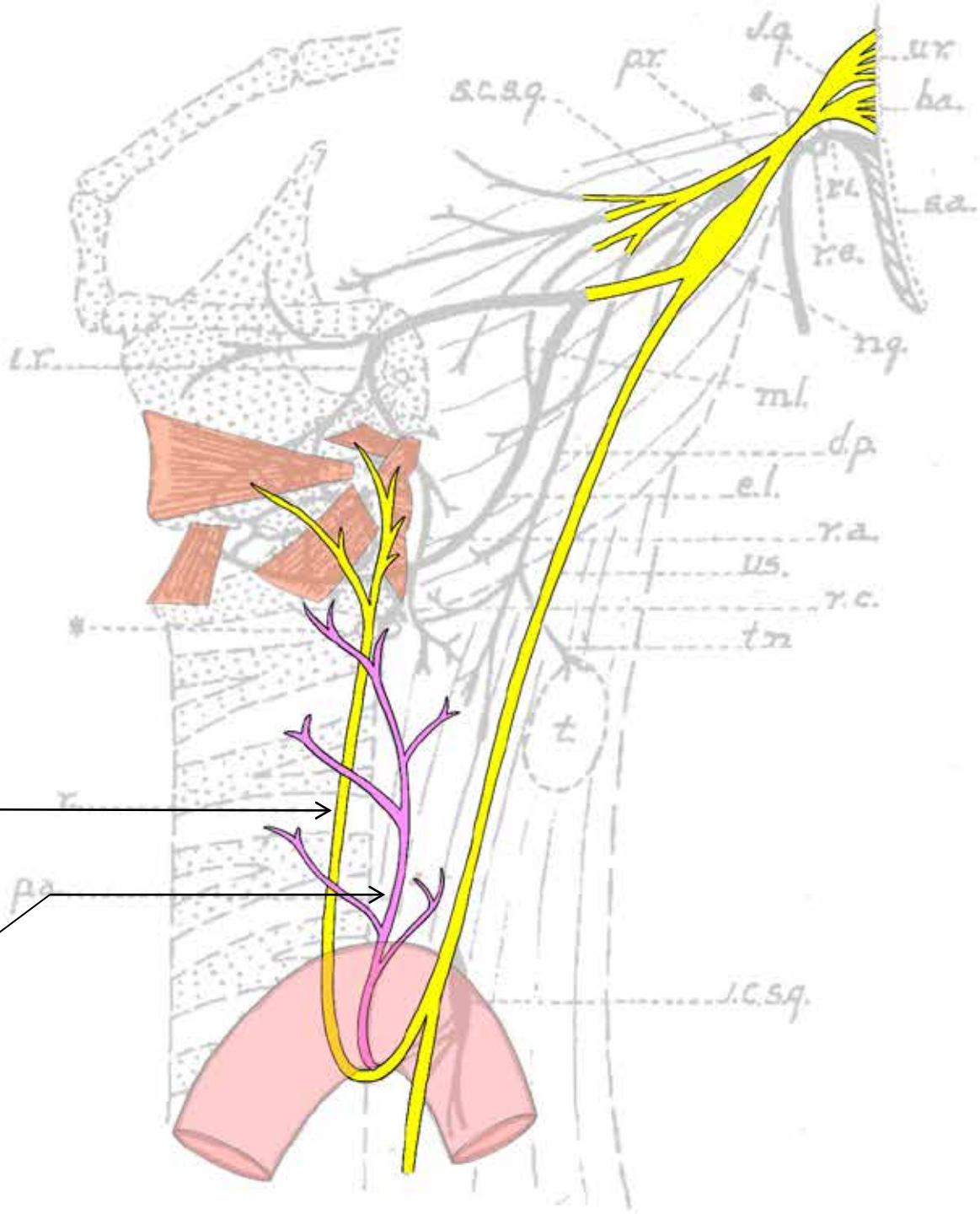


Innervation of the larynx and trachea in a dog, modified from Lemere (1932: fig. 1)



recurrent laryngeal N  
(to larynx only)

Innervation of the larynx and trachea in a dog, modified from Lemere (1932: fig. 1)



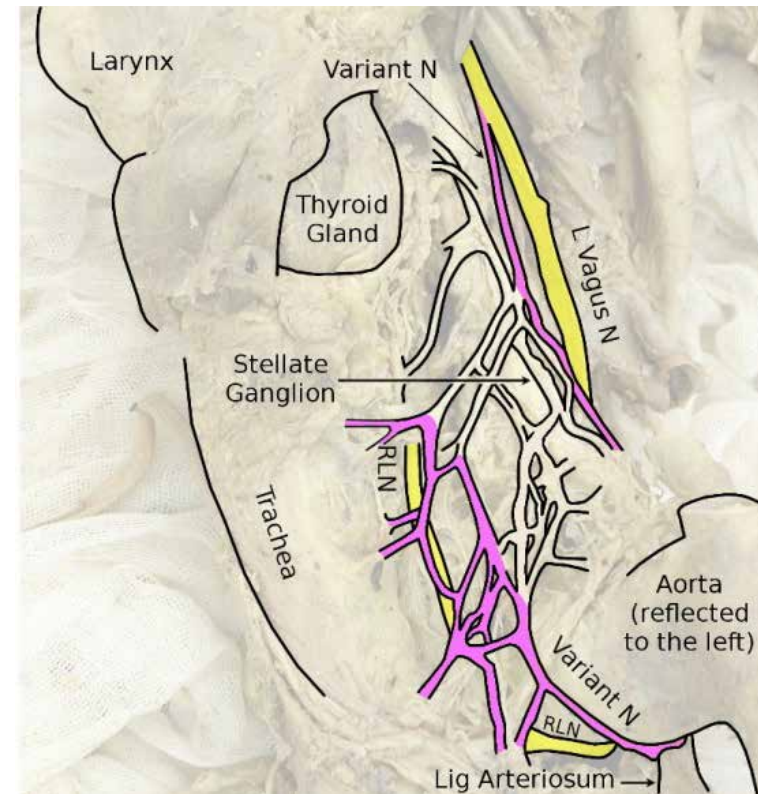
recurrent laryngeal N  
(to larynx only)

pararecurrent N  
(to esophagus/trachea)



# Why wasn't the pararecurrent nerve in humans recognized sooner?

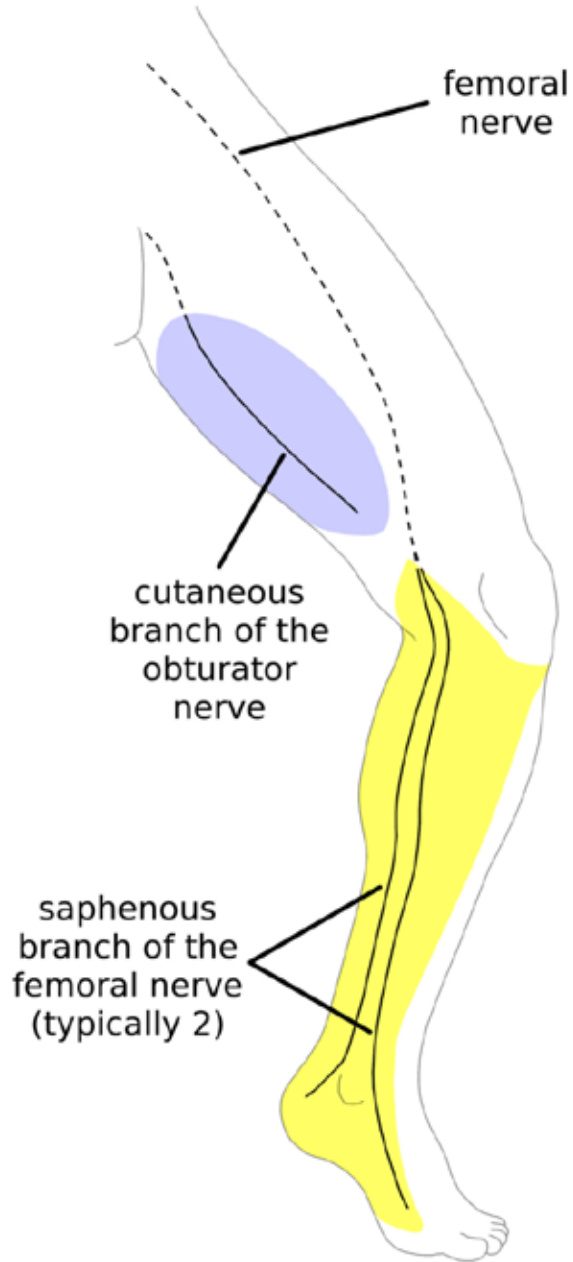
- Anatomically complex region
- Rarely dissected completely
- Known distractors in the same area



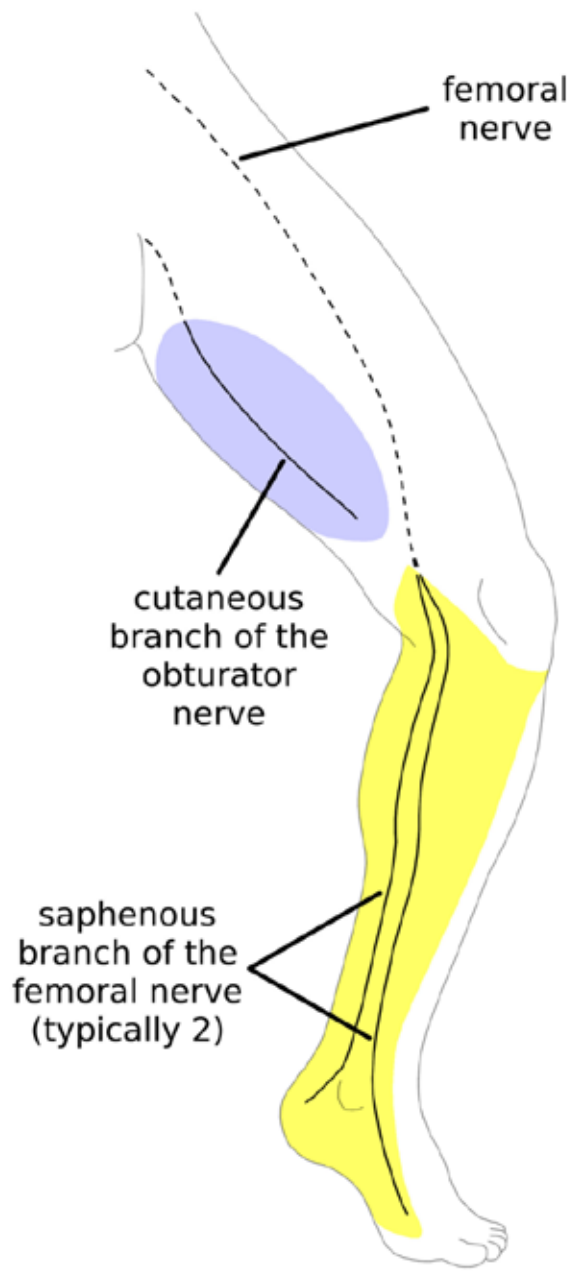
## Case Study 3:

Long cutaneous branch of the  
obturator nerve

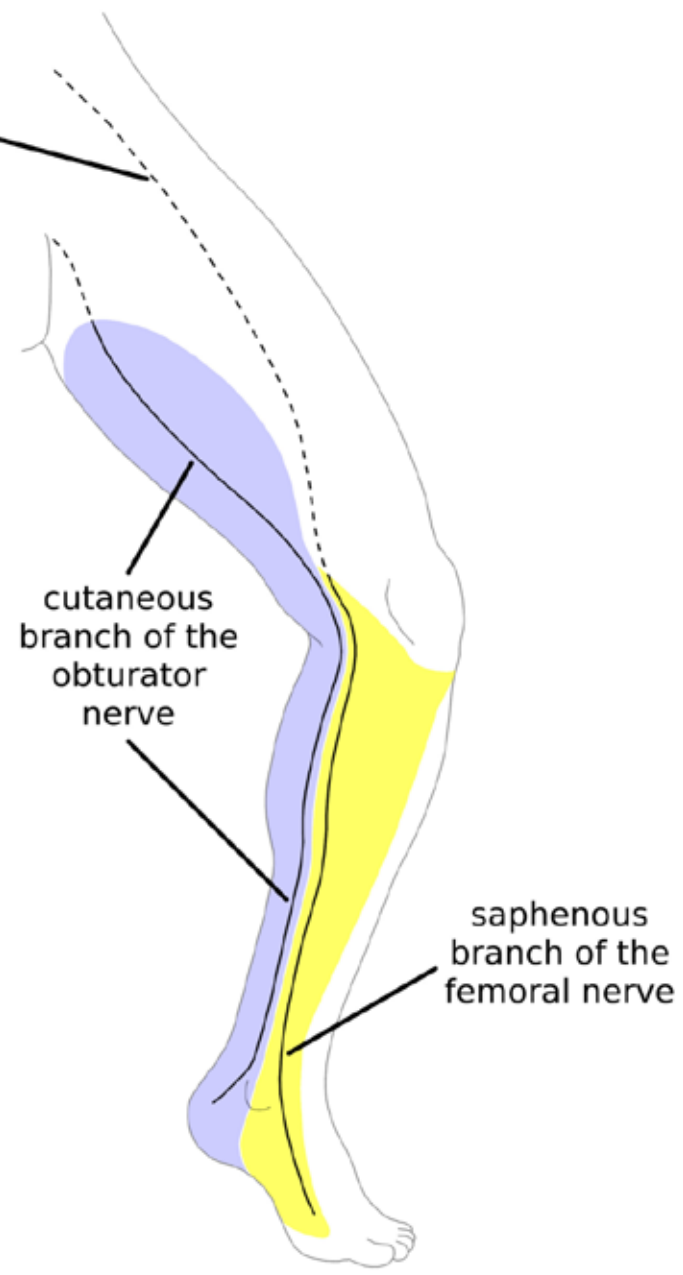
# MOST COMMON PATTERN



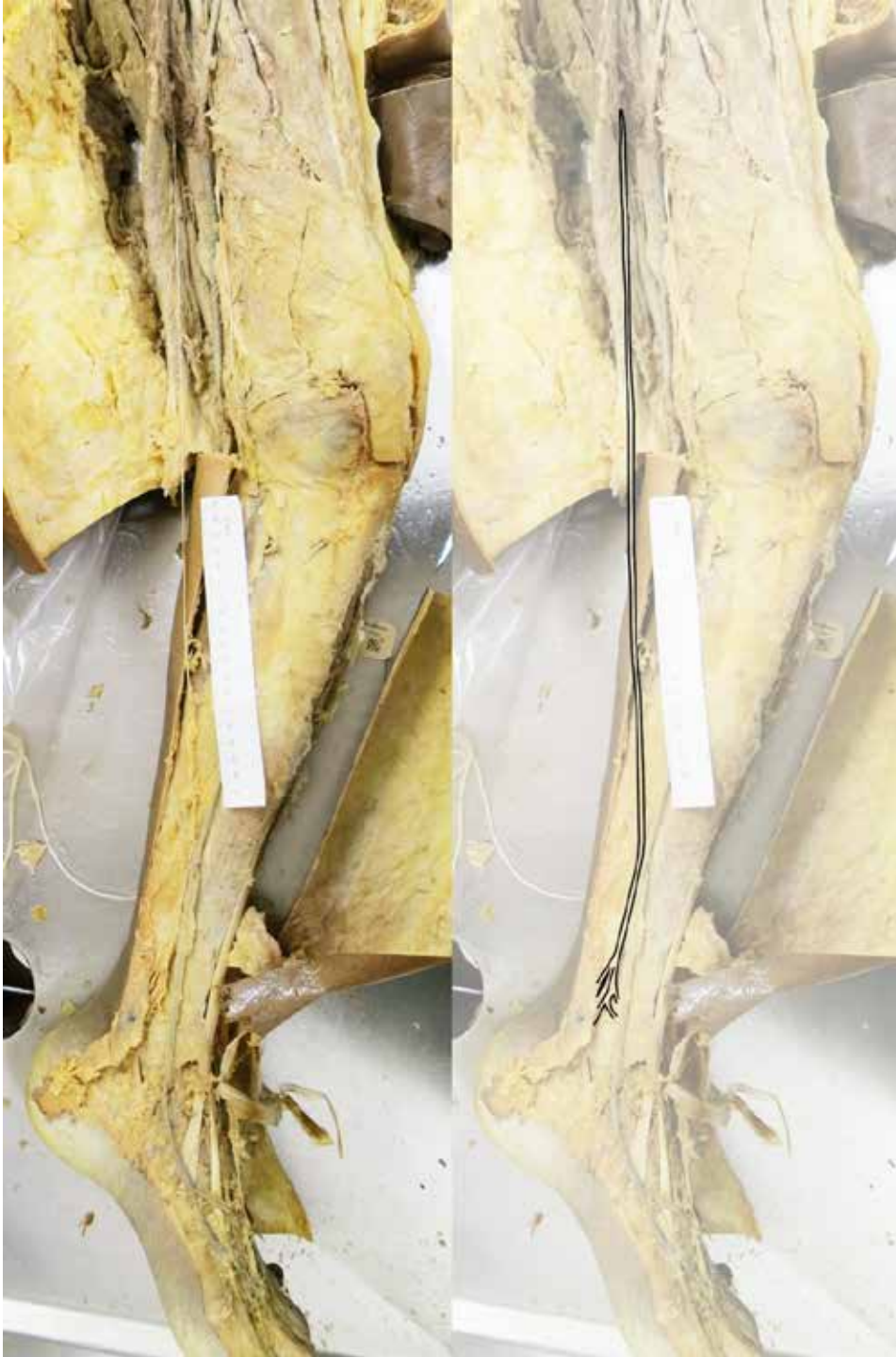
# MOST COMMON PATTERN



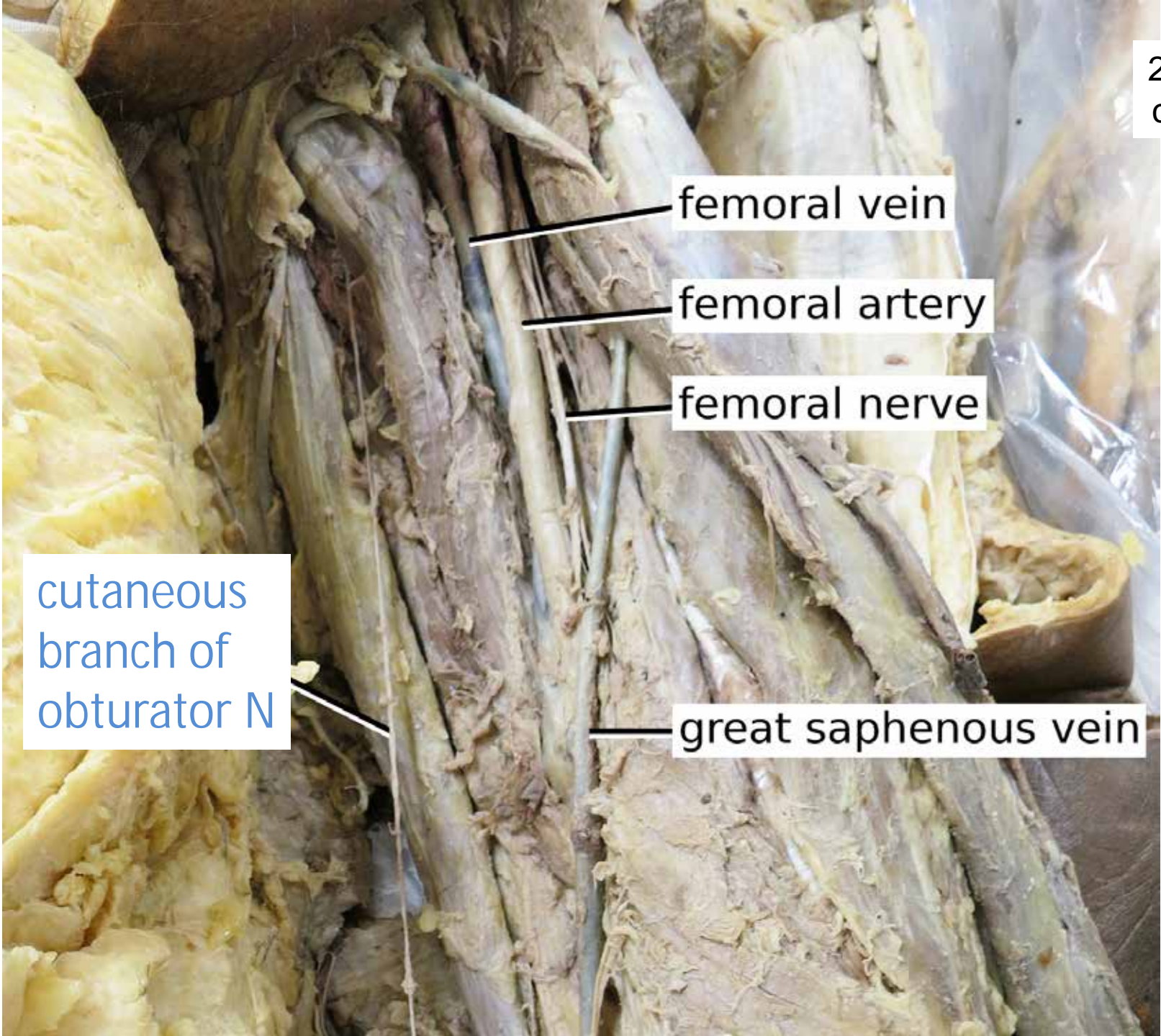
# NEWLY-DISCOVERED VARIATION



2013  
case



Left lower limb in  
anteromedial view



femoral vein

femoral artery

femoral nerve

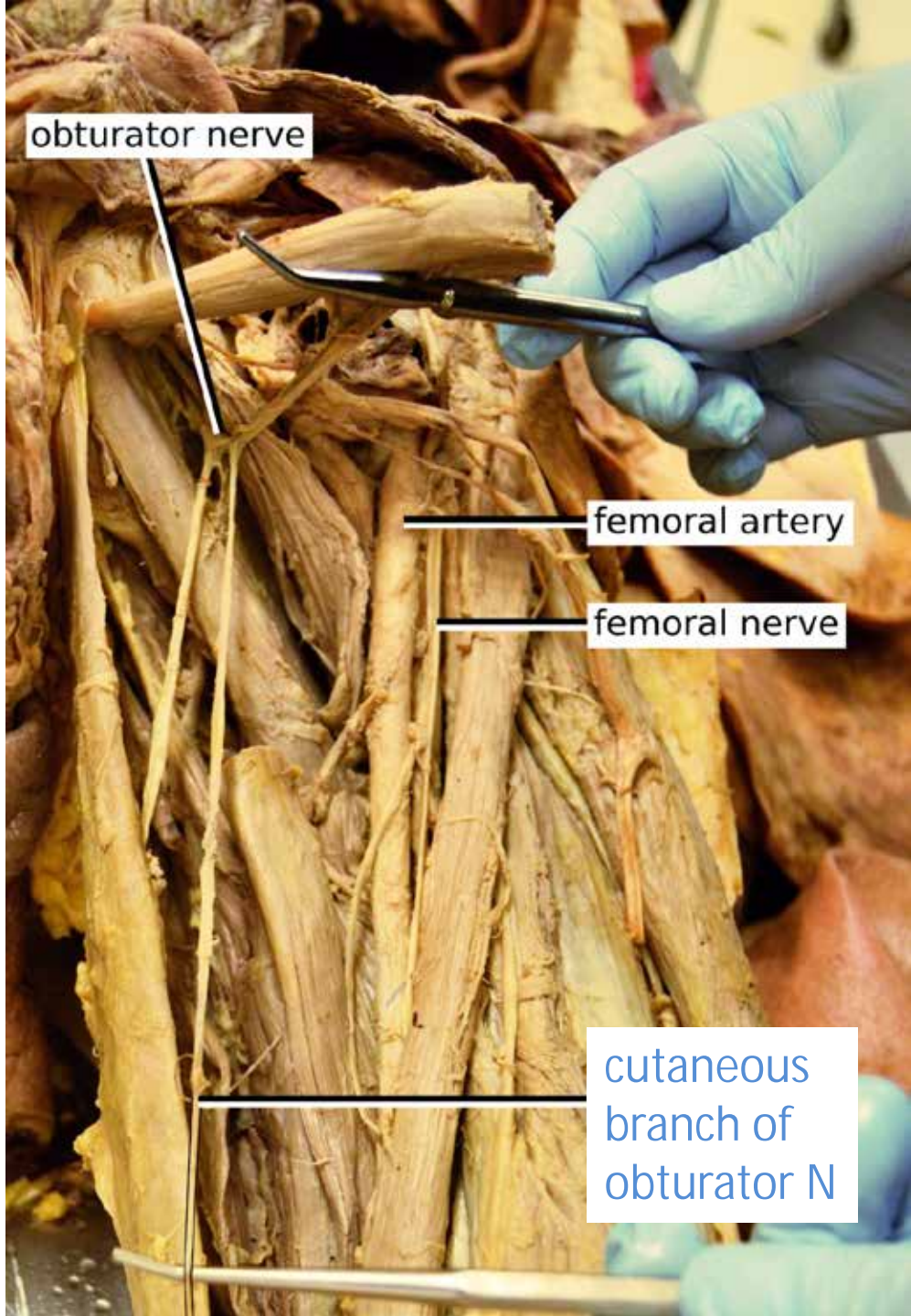
cutaneous  
branch of  
obturator N

great saphenous vein

2014  
case



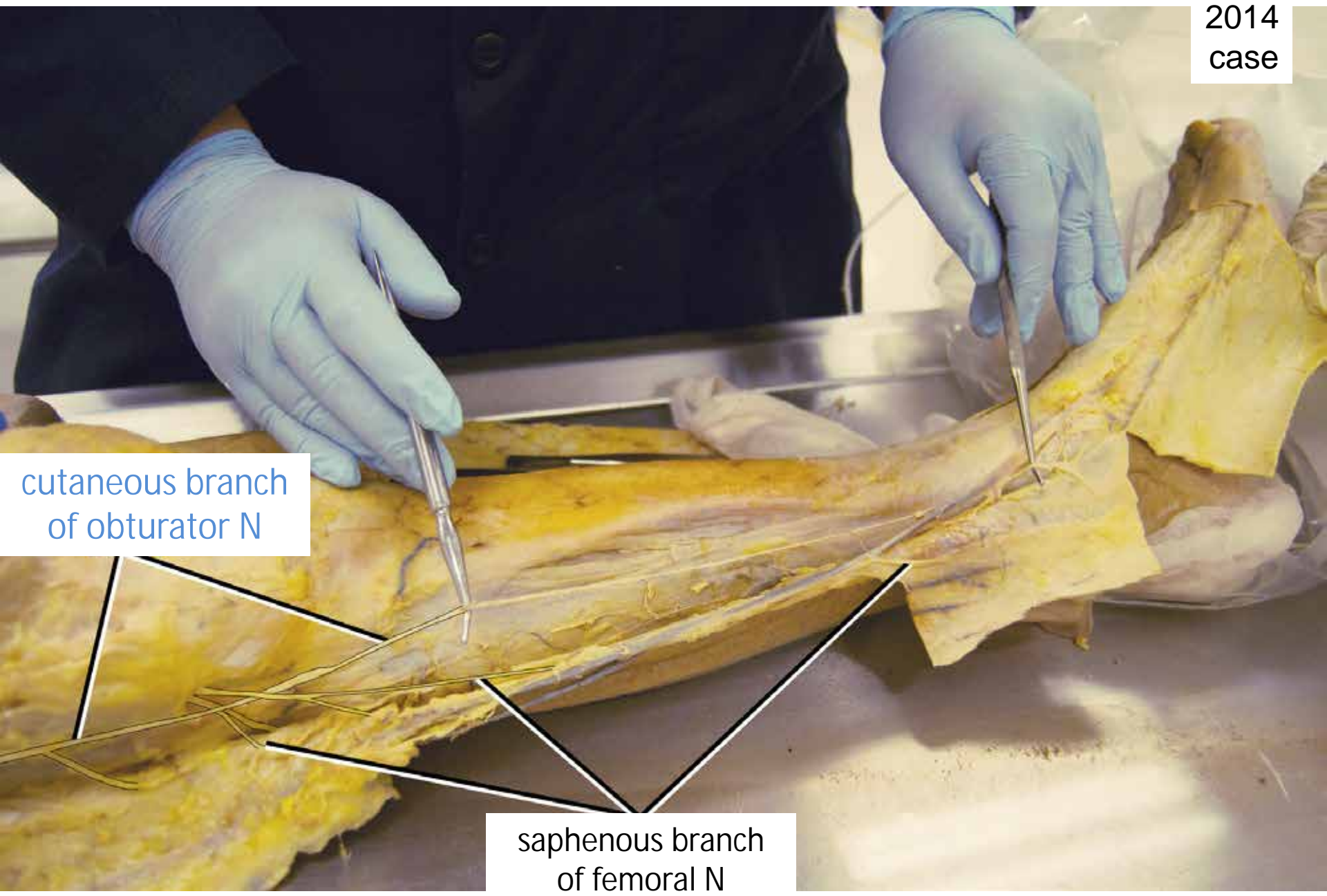
Left lower limb in  
anteromedial view





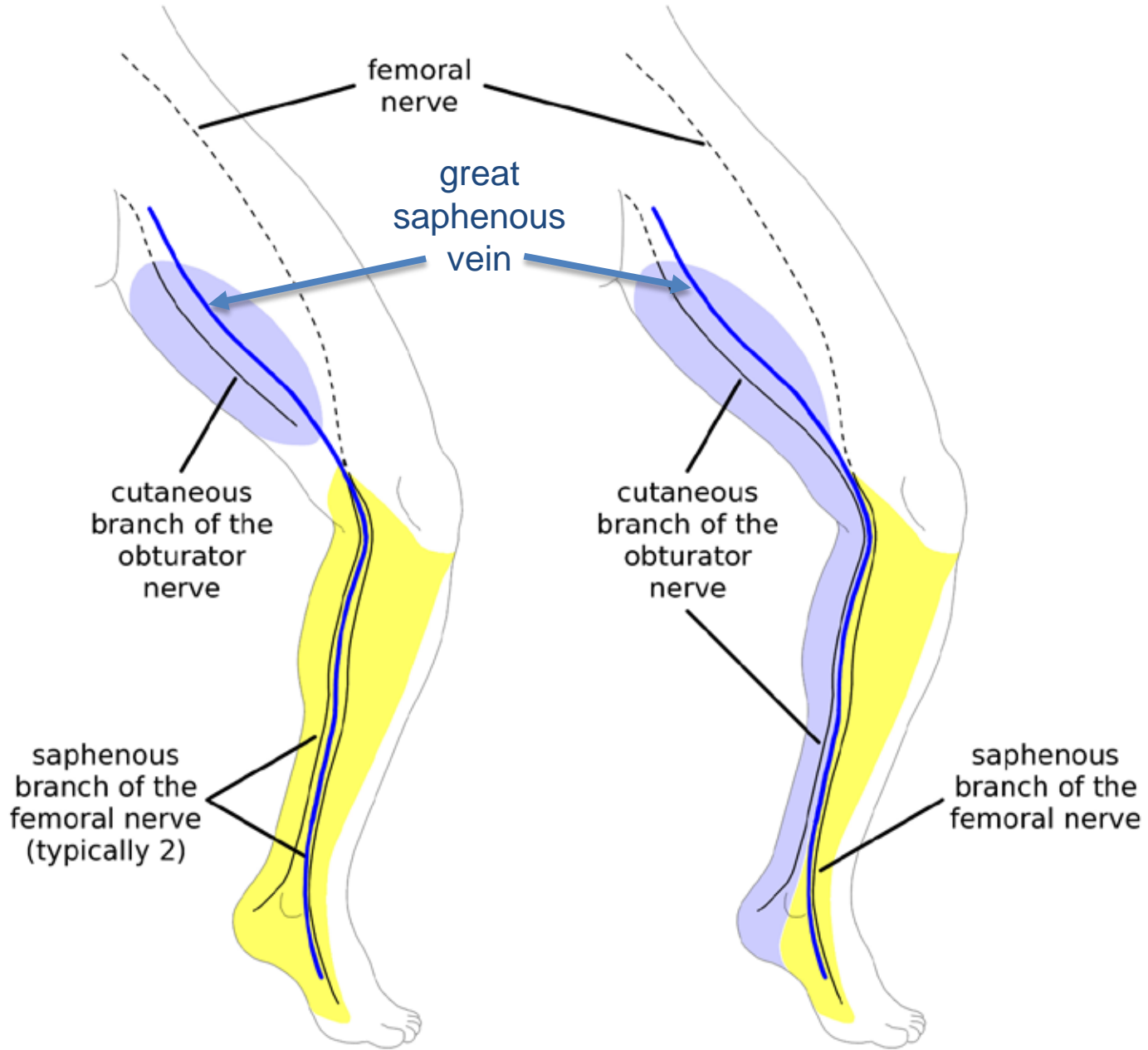
cutaneous branch  
of obturator N

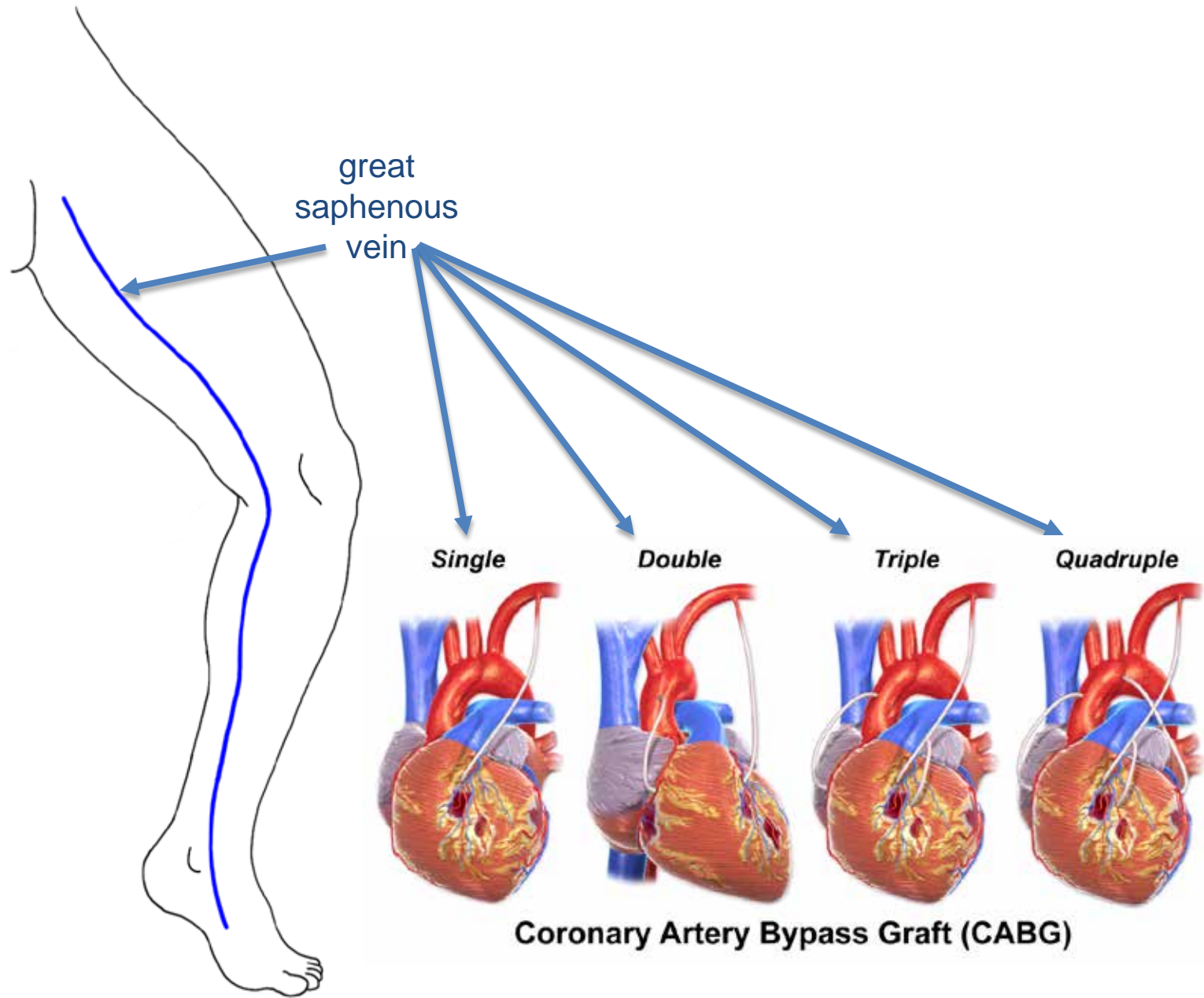
saphenous branch  
of femoral N



**MOST COMMON  
PATTERN**

**NEWLY-DISCOVERED  
VARIATION**





great  
saphenous  
vein

*Single*

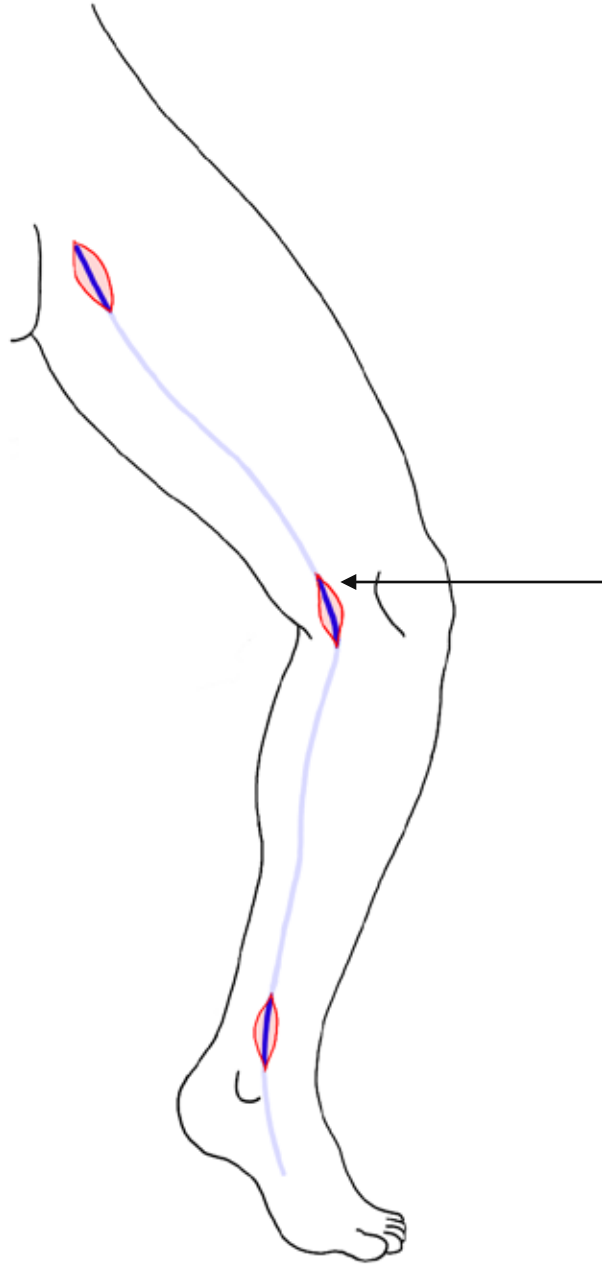
*Double*

*Triple*

*Quadruple*

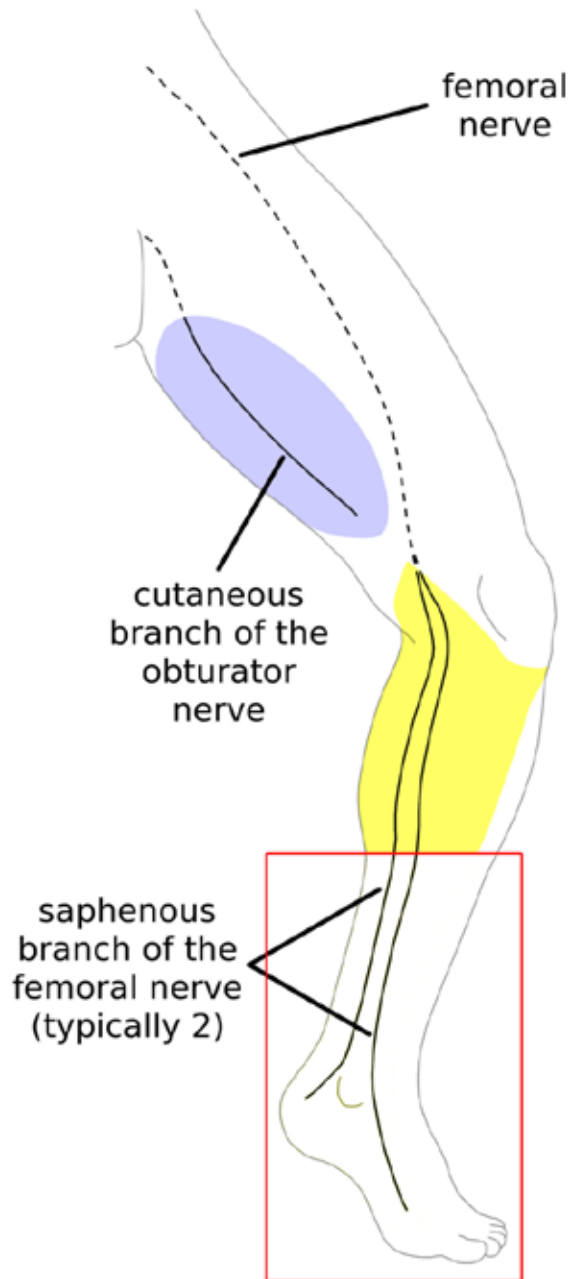
**Coronary Artery Bypass Graft (CABG)**

## Endoscopic vein harvesting

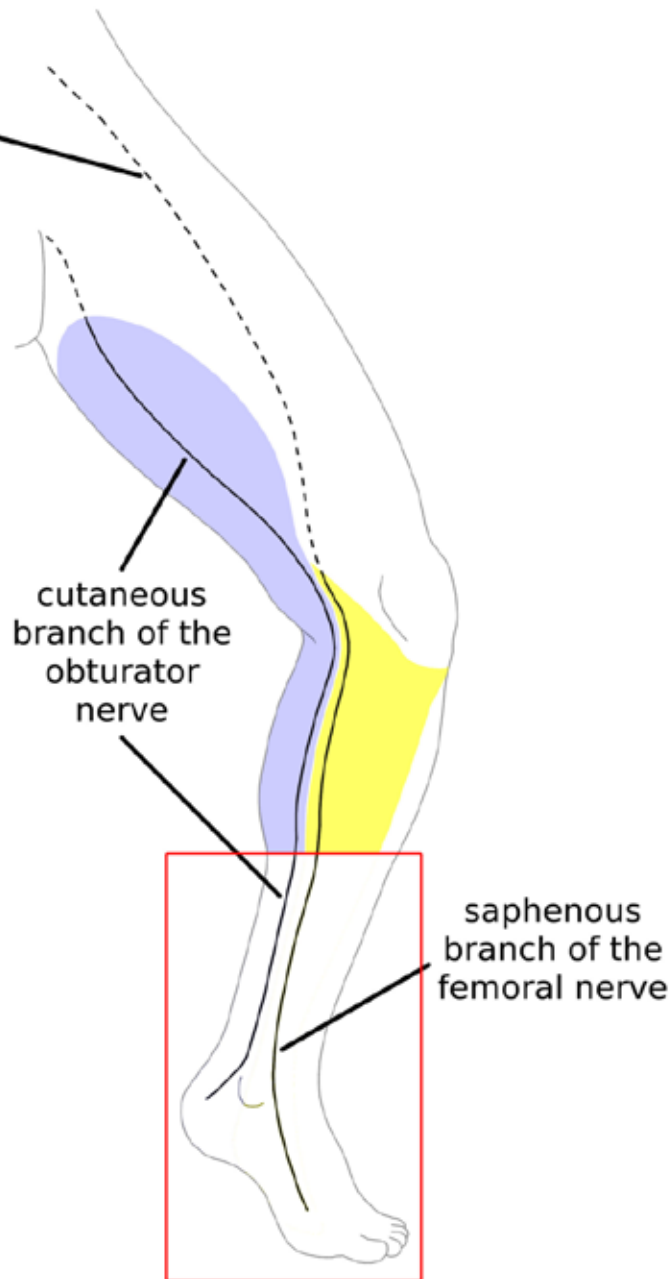


Elalfy et al. (2015: fig. 2)

# MOST COMMON PATTERN

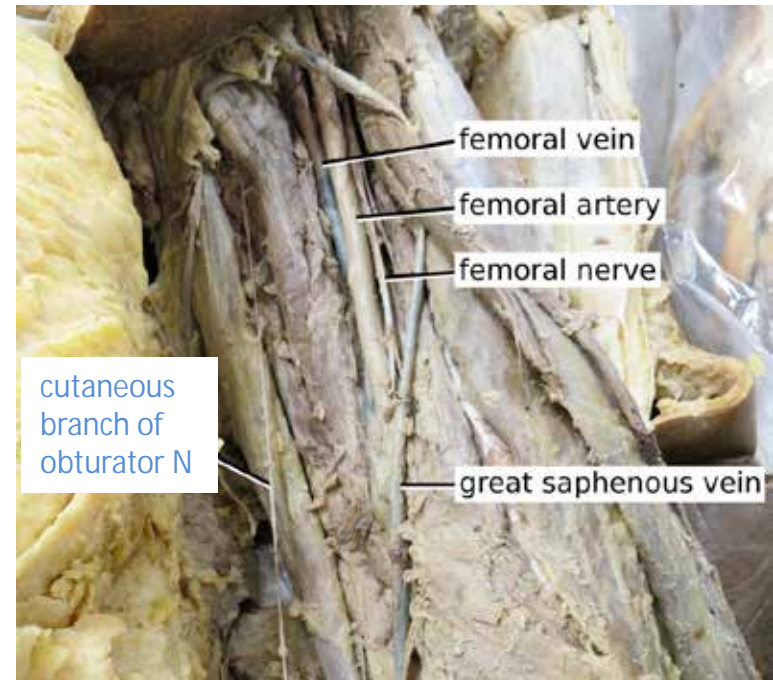


# NEWLY-DISCOVERED VARIATION



# Why wasn't the long obturator nerve recognized sooner?

- Challenging, fragile structure
- Rarely dissected completely
- Known distractors in the same area



# Places to look for new discoveries in (human) anatomy

- Complex regions that are rarely dissected fully
  - joints, distal tendon insertions, nerve plexes
- Recent evolutionary changes from close relatives
  - e.g., pararecurrent nerve
- Opportunities for “replaced” structures
  - blood vessels, nerves (especially cutaneous nerves)

These principles probably work at least as well for non-human organisms as they work for humans!

# Places to look for new discoveries in (human) anatomy

- Talk to surgeons (or other morphologists), ask them what they've seen that they didn't expect
- Get to know the literature and look where no-one else is looking



*Phoebastria nigripes*  
LACM 115139  
Cervical 9  
length 20mm



*Pelecanus erythrorhynchus*  
LACM 86262  
Cervical 14  
length 42mm



*Alamosaurus  
sanjuanensis*  
BIBE 45885  
Caudal neural arch  
height 99mm

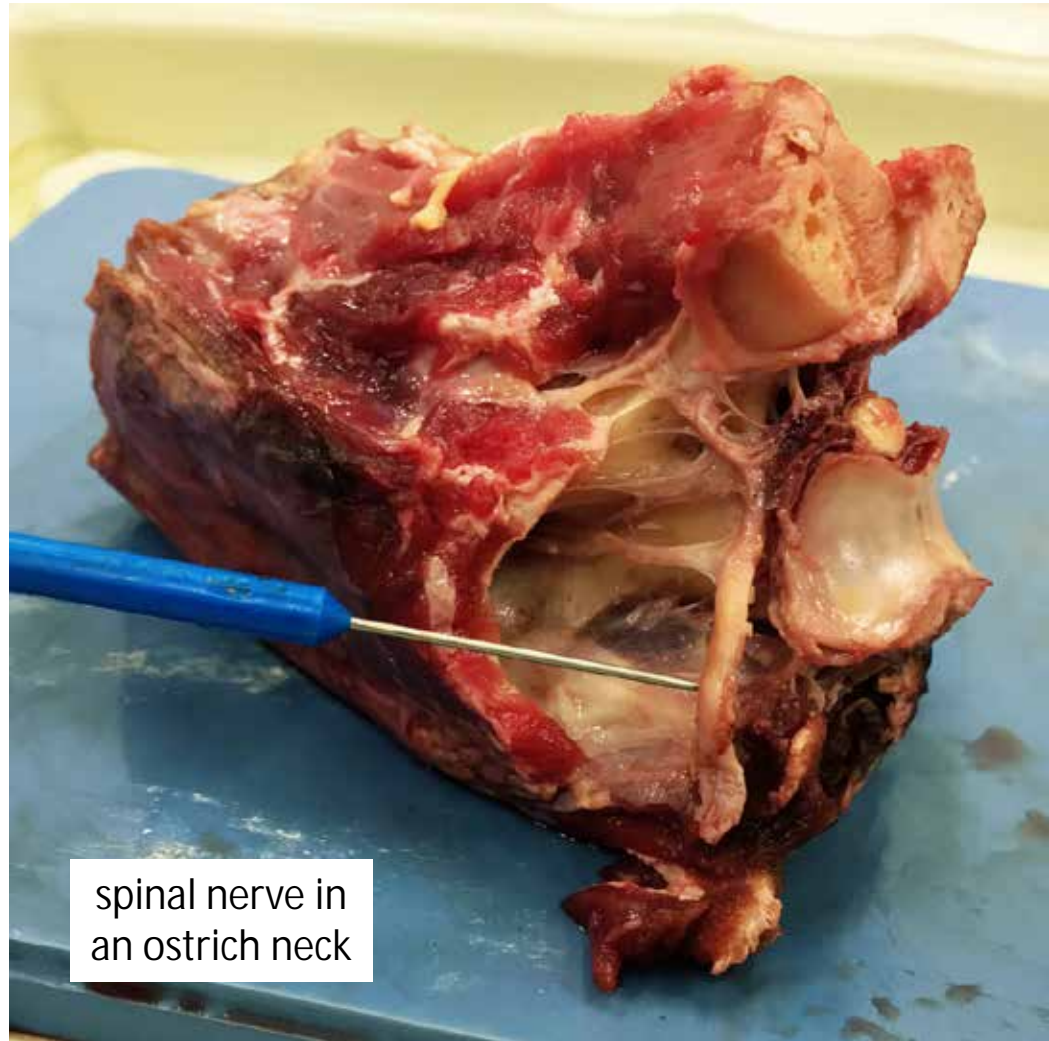


*Astrophocaudia slaughteri*  
SMU 61732  
Caudal 14  
height 198mm



“I am firmly convinced that the best book in medicine is the book of Nature, as writ large in the bodies of men. You remember the answer of the immortal Hunter, when asked what books the student should read in anatomy – he opened the door of the dissecting-room and pointed to the tables.”

— Sir William Osler, 1901



### Acknowledgments

- Cadaver donors for giving their bodies to science
- Niña McCoy, WesternU Willed Body Donation Program
- WesternU Institutional Review Board