Audio-translation/transcript- FGD1 (MAGADA-WOMEN)

1. 1. What is your understanding of NCDs?
2. 7-diabetes
3. 8-high blood pressure
4. 5-heart disease
5. 1-ulcers
6. 10, 11- cancer
7. Probe: You have given us examples but please, further explain what you know about these
8. diseases
9. 8- These are diseases that can’t be transmitted from one person to another.
10. 3- these are diseases that just come up as a result of fried food. Not that they are transmitted 11. from one person to another but is as a result of the food they eat.
11. 7- such diseases cannot be transmitted if you share the same utensils (cups, plates) of the same 13. bed i.e. cancer.
12. 5- these are diseases that can’t be transmitted if you are using the same glass of water or plate
13. Moderator- re-emphasized last statement…respondent confirms
14. 11- these are diseases that can’t be sexually transmitted.
15. 10- these are diseases that people can be born with or inherit from family
16. 2- these are diseases that can’t be transmitted from one person to another. Though you have 19. these diseases, you can’t be discriminated against.
17. 9- These are diseases that can’t be transmitted even though you share an injection.
18. 7- These are personal diseases that can’t be transmitted from you to someone else
19. How often do you see people in your communities with NCDs while doing your VHT work?
20. 8- yes, we always see such people
21. 5- when carrying out the VHT work, I meet people with such diseases
22. 6- it is general
23. 1-Yes, I always see such people when carrying out the work
24. 4- nowadays, these are the common diseases in people
25. 7- I think these are the commonest diseases in my community these days. They are increasing at 29. a very high rate
26. 11- yes, we always see people with such diseases when doing our work. People with such
27. diseases ask us why we only carry out survey on newborns and not on them.
28. 3-yes, I always see such diseases and I also have an aunty at home with diabetes
29. 10-yes, these diseases are there but they take to be diagnosed
30. As a VHT, do you think NCDs are important issues that should be taken care of in your
31. communities?
32. 5- it is very important that such diseases should be worked on in the communities
33. 4-yes, it is very important, I am of the view that medical practitioners should come on ground to 38. the villages such that most people can be diagnosed.
34. 8-such diseases are very important to be tested. Because, it is mostly in elderly people and most 40. of their (VHT) work is being done on newborns and these elderly people are complaining about 41. the lack of attention

42. 7-it is very crucial to test for such diseases in the communities.

43. Moderator- please talk on behalf of your villages and don’t generalize

44. 3-it is very important to test for such diseases but of recent, an elderly man in my village passed 45. away due to diabetes.

46. Moderator- please speak up so your voices are well captured…

47. 5-it is very important to get tested because there are many people in my village with diabetes 48. and high blood pressure

49. 2-it is better if medical personnel come to their villages to test them rather than people moving 50. to health clinics

51. 9-such diseases should be tested and treatment be given to the diagnosed persons

52. 7-it is very important for VHT to have knowledge on such diseases in order to communicate to 53. their community members about the dangers of such diseases

54. 10-it is better for medical personnel to reach the villages because some people have an

55. inferiority complex that prevents them from going to the health clinics

56. 11-it is very important to be tested for such diseases because they are even worse than HIV

57. 9-it is better for medical personnel to reach the villages because of inferiority complex

1. 4. Are people in your communities aware of NCDs or know of what causes them?
2. 2-most people in my community don’t know the causes of NCDs
3. 8-people in my community are aware of NCDs but don’t know the causes
4. 3-it is after people move to health units and are diagnosed with NCDs, then they come to their 62. villages and tell others about such diseases. Maybe, someone comes back from the health center 63. and tells others that they had been diagnosed with diabetes and told to stop taking sugar

64. 6-such diseases like asthma are inherited diseases

65. 7-some people don’t go to hospitals for check-ups but follow the examples of people who have 66. already been diagnosed. Stop taking sugar to avoid diabetes…

67. 9-people are aware of such diseases and some know of the signs. Because, you can meet

68. someone with htn, who knows that when their heart beats at a very high rate, they suspect they 69. have htn.

70. Moderator: please tell us more of what you know…

71. 10-some people know the signs of such diseases and after observing such signs, they go to the 72. health centers to be tested

73. Moderator: at least some people know of such diseases; why do you think there are those who 74. don’t know of NCDs?

75. 3-i think people are not yet aware because they don’t always go to the hospitals to be tested

76. 11- it is out of ignorance as such people don’t go to the hospital to be tested for such diseases

77. 7-some people are not even aware that such diseases exist. Ignorance- you could meet someone 78. who puts a lot of sugar in small cup of tea---liking adding 8 teaspoons in a very small cup of tea. 79. Yet, this person would be at a high risk of getting diabetes.

80. 9-people are not aware of such diseases as people eat a lot of fats on a daily basis.

81. 8-people are ignorant about such diseases and don’t know the signs. But there are few who are 82. being told that htn is as a result of fatigue and thinking.

83. 4-people need sensitization about such diseases

84. 3-such people who don’t know of NCDs have never seen any of their family members having it.

85. 10-these people are ignorant about NCDs-ie-back in the days, our parents ate roasted meat but 86. these days, people are eating have cooked food like meat

87. 7-due to ignorance about diseases like lung diseases, people go on burning plastics, polythene 88. bags and inhaling such fumes

89. 3-sensitization is the most important thing that will bring people out of ignorance

90. (Moderator: you mean that people are ignorant because they are not sensitized)

1. 4. What ways could you help in dealing with NCDs in your communities?
2. 5-as VHTs, if we can get enough knowledge on NCDs, we can return to the communities and
3. teach our people about NCDs.
4. 6-when doing my VHT work, if I find someone with an NCD, I refer them to hospital for tests
5. 8- repeated no.6
6. 7-i am of the view that if we had more knowledge of such diseases, it would be easy for us to
7. refer such people to the hospital
8. 5-all VHTs should be friendly to people with NCDs such that they can easily refer them to the
9. hospital
10. 11-it would be better for VHT to have more education on NCDs in order to council their 101. community members. At one time, as I was moving doing my VHT work, I met an old woman 102. who complained of severe headaches and didn’t know the cause. She referred her to the health 103. center to be tested. She refered her to Buwaiswa health clinic because she could be having htn

104. 7-due to ignorance, people can suffer from other diseases and assume it is an NCDs so I refer 105. them to hospital. If we had more knowledge on such diseases, it would be of help in my

106. community

107. 10-i think that equipment for testing are all gotten at hospitals and the personnel should go to 108. villages.

109. 1-i refer such people to hospitals even though they are not sick.

110. 3-VHTs need to know signs and symptoms of such diseases so as to refer their members to

111. hospitals and at least, health workers should attend to such people who have been referred. 112. Then they can get medications because if they are not given medications, they return to VHTs 113. to ask for medications.

1. 6. How could you manage to help deal with NCDs in your communities with VHT work?
2. 1-i refer such people to hospitals
3. 2-at least, it would be of help if VHTs have more education on such diseases so as to 117. give the knowledge to the community.
4. 9-if I come across a person with NCDs, I council them that the diseases can be treated and
5. healed
6. 7-i have to create friendships with people with NCDs for easy referral. With closeness,
7. counseling is easier
8. 8-after diagnosing people with NCDs, I could follow them home and see whether they 123. are taking their medications
9. 3-i will encourage such people with NCDs that they can be treated and get better; I
10. encourage them to go to the hospital
11. 7. What might be the barriers to dealing with NCDs in your communities?
12. 8-if we refer such people to hospitals and services are not rendered to them, it affects 128. us as VHTs.
13. 7-lack of transport to health clinics also affects us/them
14. 9-as VHTs, we should be boosted in that medical personnel should accompany us as we 131. do our work in the communities (read in the opposite- lack of assistance/supervision from
15. medical personnel)
16. 2-exact response as with 7. Due to lack of money, they have no transport to reach the 134. hospital and pay for the tests
17. Moderator: every answer from everyone is correct…
18. 7-not being paid in kind by the community for referral services… (for instance, if I refer
19. someone to get tested for diabetes and they get the medical attention they need, when 138. they return to the community, I do not receive any motivation from this person for my referral)
20. 10-some people in the community have an inferiority complex such that even when
21. referred to the hospital, they don’t go. As such it affects our work.
22. 4-sometimes, we refer patients to hospitals and they return to the communities without
23. treatment and no reference to the referral we gave them. Afterwards, such patients 143. have to return to us as VHTs to be counseled. It would better if we had referral sheets to give to 144. community members when they go to the hospital so that there is at least a record of the
24. referral at the health centers.
25. 5-lack of payment of sorts for VHT’s dissemination of knowledge on NCDs in the
26. communities from the organizations….
27. Moderator: explain further
28. 11-it also hurts when I refer someone to the hospital with a reference letter and the 150. medical officer throws out my reference letter…
29. 1-there are some community members whom you refer to the hospitals who don’t go to 152. the hospital---this affects my work as a VHT
30. 11-people who organize us to carry out surveys are not paying us. As such, we look shabby
31. when we present ourselves before the community and the community members don’t 155. hold us in high regard because of our looks.

156. 10- people go to hospital and want to test for diseases but are not being rendered these

157. services. There is poor management in health units which affects our work at the end of the 158. day. When we refer other people, they refer to the failure of their members to get the services 159. they needed at the health units.

160. 7- there are certain leaders in the communities who don’t support our work in the community 161. and spread bad talks about our work within the community.

162. 11-health workers scare off patients when the patients come in more than once. They scare 163. them off… (for instance, if I as VHT refer a patient to the hospital and a medical worker attends 164. to them, gives them medication. If the patient’s condition worsens, as a VHT, I will encourage 165. them to go back but the medical personnel complain that this particular patient is back and 166. would be depriving others from getting medication… so it affects my work as a VHT)

167. 7- is the VHT work endless or does it have an expiration date?

1. 8. What would encourage NCDs prevention in your communities?
2. Moderator: for instance, if you are a student going to school, what helps you perform better?
3. 8-as VHTs, we should be trained on such diseases. We should also be given referral sheets.
4. These referral sheets can help in a way as a VHT, you can tell who has gone to the
5. hospital and who hasn’t (record-keeping)
6. 7-if the referred patients get medications and education and they get better, they can 174. return to the community and teach a few others about their diseases and how to manage it.
7. Moderator: reiterates the question…
8. 10-as a VHT, if I have a means of transport like a bicycle and some money in her pockets, 177. it will help in getting around the village better while teaching communities on NCDs. At the

178. moment, the communities think the VHTs are being paid a salary yet it is being done

179. voluntarily. At least, we should get something if the communities already think we are getting 180. something when we are not.

181. 3-at least, if the test services are in the hospitals, it will encourage us in preventing NCDs

182. 2-at least as VHTs, we should get trained about NCDs as it will help us to communicate to the 183. communities, hence NCDs can be prevented within the communities

184. 1-at least, all medicines for all these diseases should be at the health units, this can help in the 185. prevention of such diseases

186. 7-at least with the medications in hospitals, for instance, if I refer someone to the hospital and 187. they get medication, that person would be an example to the rest of the community to go in to 188. the hospitals for tests.

189. 10-if at least, if medical workers are friendly people at the health units such as when people go 190. for treatment and they are treated well, it could help in the prevention of such diseases

191. 4-as VHTs, we need training for such diseases. Then it will help in the prevention of NCDs in the 192. communities.

1. Would you like to add anything else to our discussion today?
2. 6-i appreciate my community leaders because they help me in my VHT work
3. 3-as VHTs, we should at least get more knowledge on such diseases and as employers of 196. VHTs should involve religious leaders in their trainings. In most cases, people listen and honor 197. their religious leaders, Local Councilors.

198. 2-it would be very good if we got more knowledge on such diseases so we could communicate 199. back to our village members

200. 9-i need to know the signs and symptoms of such diseases

201. 10-express like 9.

202. 4-as a VHT, I am very grateful for this study and now I know something about NCDs and would 203. like to know more.

204. 10-as VHTs, we need some more time to be trained on NCDs to communicate back to our

205. communities. I want to know about signs and symptoms.

206. Moderator: we appreciate you for your time and participation….