SUPPLEMENTARY MATERIAL

Game description

Participants must collect stars while not touching neon circles, which are constantly in motion. In order to collect a star participants should move the mouse' cursor until the star is reached. The game has 13 levels, which progressively increase in terms of difficulty; it becomes increasingly more difficult to reach all the starts needed to complete a game level. The game claims the level 13th is a training for fighter pilots, and participants are challenged to do it in less than 10s. The game is available online: http://loveisgames.com/action/1979/star-reaction/

Objective game performance

Table 1. Maximum level achieved out of 13 levels

	Maximum level achieved							
	Μ	SD						
Study 1	7,58	1,09						
Study 2	7,88	1,13						







Figure 2. Time in seconds required to complete each of the game levels in Study 2

Questionnaires

Study 1: Short questionnaire/ Results

Figure 3. Self-perceived skills

I think that my skills to perform this part of the experiment -when considering the game

demands- were: low (1) - high (9)



The results of a Repeated measures ANOVA revealed a significant main effect of Condition F(2, 36)=23,78, p < 0,001, η_p^2 = 0,57. Post hoc tests (corrected for multiple comparisons using the Tukey's honestly significant difference (HSD) procedure) showed significantly higher scores in the Flow condition when compared with Boredom (*M*= 5,79 vs. *M*= 7,16, p = 0,007) and Frustration (*M*= 5,79 vs. *M*= 4,26, p = 0,003).

Study 2: Questionnaires/ Results

Table 2. Flow	questionnaire	adapted	from Engeser	& Rheinberg	(2008)
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	Not at all		Partly			Very Much		
	1	2	3	4	5	6	7	
I felt just the right amount of challenge								
My thoughts ran fluidly and smoothly								

I didn't notice time passing				
I had no difficulty concentrating				
My mind was completely clear				
l was totally absorbed in what l was doing				
The right movements occurred of their own accord				
I know what I had to do each step of the way				
I felt that I had everything under control				
I was completely lost in thought				
It was difficult to focus my attention on the game				
I found it easy to monitor the auditory target and press the button				

Figure 4. Average total scores for the Flow questionnaire Engeser & Rheinberg (2008) per condition



The results of a Repeated measures ANOVA revealed a significant main effect of Condition F(2, 38)=4,62, p = 0,016, η_p^2 = 0,20. Post hoc tests (corrected for multiple comparisons using the Tukey's honestly significant difference (HSD) procedure) showed higher scores in the Flow condition when compared with Boredom (*M* = 51,6 vs. *M* = 45,5, p = 0,018) and when compared with Frustration (*M* = 51,6 vs. *M* = 46,7, p = 0,064).

	Strongly Disagree					Strongly Agree		
	1	2	3	4	5	6	7	
I found this game difficult to play								
I felt like I was part of the game								
The game was very tedious to play								
I felt absorbed by this game								
I lost interest in playing this game pretty quickly								
This game was very irritating to play								
I felt anxious when playing the video game								
This game felt very repetitive								
This game was too complicated for me to play								
I was caught up in the game								
This game was very monotonous								
This game held my attention								

Table 3. Flow questionnaire from Sherry et al. (2006)



Figure 5. Average scores for the Flow questionnaire Sherry et al. (2006) per condition

Here the results for all the conditions are depicted. When considering the Flow condition, the results of a Repeated measures ANOVA revealed a significant main effect Score per sub-scale (Boredom vs. Frustration vs. Flow) F(2, 34)=23,13, p < 0,001, η_p^2 = 0,58. Post hoc tests (corrected for multiple comparisons using the Tukey's honestly significant difference (HSD) procedure) showed significantly higher scores in the Flow condition when compared with Boredom (*M* = 19,89 vs. *M* = 11,22, p < 0,001) and when compared with Frustration (*M* = 19,89 vs. *M* = 12,61, p < 0,001). Likewise a significant main effect of Score per sub-scale was found in the conditions of Boredom F(2, 34)=41,74, p < 0,001, η_p^2 = 0,71 and Frustration F(2, 34)=7,99, p= 0,001 η_p^2 = 0,32, with higher scores for the sub-scale of boredom in the Boredom condition.

Scalp maps omissions/errors

Figure 6. Laplacian transformed data - Scalp maps corresponding to the first 360ms following incorrect trials



35 μV/m² 0 μV/m² 35 μV/m²