**S1 Table. Study participant demographics at enrollment visit (n=38).** Values are in counts (%) unless otherwise noted.

|  |  |  |
| --- | --- | --- |
| Ethnicity  | Caucasian  | 33 (87) |
| Gender | Female  | 28 (74) |
| Age | Mean (sd) | 57 (9.44) |
| Education  | High school or less  | 5 (13) |
| College | 18 (47) |
| Post-College  | 15 (39) |
| Income | Under 50k  | 5 (13) |
|  | 50k-99k  | 14 (37) |
|  | 100k-149k  | 10 (26) |
|  | 150k or more  | 9 (24) |
| Phone Use | Did not own smartphone | 8 (21) |
|  | Owned non-iPhone | 11 (29) |
|  | Owned iPhone | 19 (50) |