PRISMA 2009 Flow Diagram

1. **Identification**
   - Records identified through database searching
     - (n = 166)
   - Additional records identified through other sources
     - (n = 0)

2. **Screening**
   - Records after duplicates removed
     - (n = 166)

3. **Eligibility**
   - Records screened
     - (n = 127)
   - Records excluded
     - (n = 39)

4. **Included**
   - Full-text articles assessed for eligibility
     - (n = 105)
   - Full-text articles excluded, with reasons
     - (n = 31)
   - Studies included in qualitative synthesis
     - (n = 74)
   - Studies included in quantitative synthesis
     - (n = 74)